

Town of Apex: GLP-1 and Weight Management Vendor RFP
Addenda: Questions from Potential Bidders with Responses
February 19, 2026

1. Does the RFP permit access to GLP-1 obesity medications that are compounded by a 503A pharmacy?

No.

2. Is it possible to get the prices paid for the GLP-1s being utilized by the membership?

This information will not be shared.

3. Is the proposal strictly for a weight loss management program?

No, the proposal should be inclusive of a weight loss management program and the ability to provide GLP-1 medication access.

4. If based on the PBM claims data it is revealed that a large portion of the plan membership may benefit from an additional medication management program, may that be included as an option in an addendum?

That's fine.

5. What is the current co-pay by the member to get access to GLP-1 for obesity?

Currently \$100.

6. There is a comment in the RFP that states the following: *Coverage for weight loss GLP-1 medications are currently covered under the group health plan. However, the Town is considering excluding the medication from the group health plan should they partner with a standalone weight management and GLP-1 vendor.* Is it acceptable to include, in Tria Health's response, an option for a 'GLP-1 Obesity medication carve out'?

Yes, this is what the Town is looking for.

7. I understand that Cigna is Apex's current medical plan provider. Are any changes to the medical carrier/TPA anticipated for the next plan year?

No changes to the medical carrier/TPA are proposed for next plan year.

8. Is their medical plan self-insured or fully insured?

Self-insured.

9. Who is their PBM? Is it Express Scripts?

Yes.

10. Do they follow standard FDA guidelines for eligibility for weight loss medication?

The current GLP-1 weight management policy is standard. Approval criteria is largely BMI based (BMI >30). I've attached Cigna's full coverage position.

11. For how long has the Town of Apex provided coverage for weight loss medication?

Weight loss medications have always been included under the Town's health plan coverage.

12. Can you please provide a copy of Attachment 5.1 (Pharmacy Claims Data File)?

Attached.

13. If not included in Attachment 5.1, can you please provide the follow information:

- a. Approximately how many employees are utilizing a GLP1? **136 for weight loss (83 prior); 38 for diabetes (28 prior). Dec. 24 – Nov. 25 is the current period and Dec. 23 – Nov. 24 is the prior period.**
- b. How has that utilization changed over time? **See above.**

14. Is Type 2 Diabetes a concern and source of significant costs? Can you share Apex's T2D prevalence rate?

5% of the population has diabetes (61 members); 49 members have T2D

15. Does the Town of Apex have a diabetes management provider?

Omada

16. The Town's benefit guide mentions Omada. Are GLP1 users interacting with Omada? If so, what are the outcomes?

It is not a requirement of the plan for GLP-1 utilizers to interact with Omada.

17. Currently, does Omada have any role in prescribing GLP1s?

No.