

November 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------|--|---|--|--|--|--------------------------------------|
| | 1 Pickleball open play 8:30-11:30am\$ (NR) Pickleball Coed Tournament 9 am - 2 pm (Nature Park) \$ Beginner Yoga 10:15-11:15am (V) \$ Peak City Singers 11-12:30pm\$ Shadow/Shade/contrast 1-3 pm(v) \$ Open Cards and Games 1-4pm Mah Jongg 1-4pm | 2 Senior Exercise 9-10am\$ (NR) Art Club 10-Noon Play Reading 10-11:30am (Halle) \$ Bridge 10:30-1pm Steel Strong 11:15-NOON\$ Conversational Spanish 1-3pm\$ It's Cold Outside (Handmade Cards & Gifts) 1-3:00pm\$ Zumba Gold 1:30-2:30pm\$ T'ai Chi Chih 3:15-4:15pm \$ Beginning Handbuilding 3:30-5 pm \$ | 3 Pickleball open play 8:30-11:30am\$ (NR) Wii Bowling 9:30am-11:30am Chair Yoga 10:15-11:15am\$ Beginner Wheel 12:30-2 pm \$ What About the Middle East 12:30-2:30pm\$ Bingo 1-3pm (\$1/card) Drawing Basics II 3-5pm\$ | 4 Beginner Sign Language 9:15-10am\$ Coffee and Conversations 10-11 am (note time change today) Stitch and Hook 10-NOON Musical Memories 10-11:15 am (Halle) \$ Golden Fit 10:15-11am\$ Steel Strong 11:15-NOON\$ Beginner Wheel 1-2:30 pm \$ Bridge Walk in 1-3:30pm Zumba Gold 1:30-2:30pm\$ New Lesson Line Dancing 5:30-7pm\$ | 5 Pickleball open play 8:30-11:30am\$ (NR) Beg Line Dancing 9-10am \$ Beg 1 Line Dancing 10:15-11:15am \$ Beg 2 Line Dancing 11:30-12:30 pm\$ Readers Theatre 10-11:30am (Halle) \$ Advanced Yoga 10:15-11:15am \$ (V) Open Cards and Games 1-4pm Mah Jongg 1-4pm Murder Mystery Party 6:30-8:30 pm \$ | 6 |
| 7 | 8 Pickleball open play 8:30-11:30am\$ (NR) Barre 10:15-11:15am\$ Beginner Yoga 10:15-11:15am \$ (V) Peak City Singers 11-12:30pm\$ Shadow/Shade/contrast 1-3 pm(V) \$ Open Cards and Games 1-4pm Mah Jongg 1-4pm T'ai Chi Basics 5:30 pm - 6:30 pm\$ | 9 Senior Exercise 9-10am\$ (NR) Art Club 10-Noon Play Reading 10-11:30am (Halle) \$ Golden Fit 10:15-11am\$ Bridge 10:30-1pm Steel Strong 11:15-NOON\$ Conversational Spanish 1-3pm\$ Scrapbooking 1:15-4:15pm\$ Zumba Gold 1:30-2:30pm\$ Beginner Wheel 3-4:30 pm \$ T'ai Chi Chih 3:15-4:15pm \$ Beginning Handbuilding 3:30-5 pm \$ | 10 Pickleball open play 8:30-11:30am\$ (NR) Wii Bowling 9:30am-11:30am Chair Yoga 10:15-11:15am\$ Intermediate Yoga 10:15-11:15am \$ Beginner Wheel 12:30-2 pm \$ What About the Middle East 12:30-2:30pm\$ Drawing Basics II 3-5pm\$ | 11 <div style="text-align: center;"> <p>~ASC CLOSED~</p> <p>VETERANS DAY</p> <p>— Honoring All Who Served —</p> <p>★ ★ ★</p> </div> | 12 Pickleball open play 8:30-11:30am\$ (NR) Beg Line Dancing 9-10am\$ Beg 1 Line Dancing 10:15-11:15am\$ Beg 2 Line Dancing 11:30-12:30pm\$ Readers Theatre 10-11:30am (Halle) \$ Advanced Yoga 10:15-11:15am \$ (V) Open Cards and Games 1-4pm Mah Jongg 1-4pm | 13 |
| 14 | 15 Pickleball open play 8:30-11:30am\$ (NR) Senior Exercise 11-12pm\$ (NR) Beginner Yoga 10:15-11:15 am \$ (V) Barre 10:15-11:15am\$ Peak City Singers 11-12:30pm Open Cards and Games 1-4pm Mah Jongg 1-4pm T'ai Chi Basics 5:30 pm - 6:30 pm \$ | 16 Senior Exercise 9-10am\$ (NR) Intermediate Pickleball Indoor Clinic (Nature Park) 9 am - 11:30 am Play Reading 10-11:30am (Halle) \$ Art Club 10-Noon Golden Fit 10:15-11am \$ Bridge 10:30-1pm Steel Strong 11:15-NOON\$ Conversational Spanish 1-3pm\$ Zumba Gold 1:30-2:30pm\$ T'ai Chi Chih 3:15-4:15pm \$ Beginning Handbuilding 3:30-5 pm \$ | 17 Pickleball open play 8:30-11:30am\$ (NR) Senior Exercise 9:00-10:00 am\$NR) Wii Bowling 9:30am-11:30 Pilates 10-11 am \$ Intermediate Yoga 10:15-11:15am \$ Chair Yoga 10:15-11:15am\$ Beginner Wheel 12:30-2 pm \$ What About the Middle East 12:30-2:30pm\$ Bingo 1-3pm (\$1/card) Drawing Basics II 3-5pm\$ | 18 Coffee and Conversations 9-10am Intermediate Pickleball Indoor Clinic (Nature Park) 9 am - 11:30 am Beginner Sign Language 9:15-10am\$ Stitch and Hook 10-NOON Musical Memories 10-11:15am (Halle) \$ Golden Fit 10:15-11am\$ Steel Strong 11:15-NOON\$ Potluck Luncheon 12-1:15pm Beginner Wheel 1-2:30 pm \$ Bridge Walk in 1-3:30pm Zumba Gold 1:30-2:30\$ Technology Help Desk 1:30-3:30 | 19 Pickleball open play 8:30-11:30am\$ (NR) Beg Line Dancing 9-10am\$ Beg 1 Line Dancing 10:15-11:15am\$ Beg 2 Line Dancing 11:30-12:30pm\$ Readers Theatre 10-11:30am (Halle) \$ Advanced Yoga 10:15-11:15 am \$ (V) Open Cards and Games 1-4pm Mah Jongg 1-4pm | 20 Turkey Trot 10:00 am \$ |
| 21 | 22 Pickleball open play 8:30-11:30am\$(NR) Senior Exercise 11-12pm\$(NR) Barre 10:15-11:15am \$ Beginner Yoga 10:15-11:15am \$ (V) Peak City Singers 11-12:30pm\$ Watercolor Holiday Cards (V) \$ 1-3 pm Open Cards and Games 1-4pm Mah Jongg 1-4pm T'ai Chi Basics 5:30 pm - 6:30 pm \$ Trivia Night 6-7pm | 23 Senior Exercise 9-10am\$ (NR) Art Club 10-Noon Bridge 10:30-1pm Golden Fit 10:15-11am\$ Steel Strong 11:15-NOON\$ Zumba Gold 1:30-2:30pm\$ T'ai Chi Chih 3:15-4:15pm \$ Beginning Handbuilding 3:30-5 pm \$ | 24 Pickleball open play 8:30-11:30am\$ (NR) Senior Exercise 9:00-10:00 am\$NR) Wii Bowling 9:30am-11:30am Pilates 10-11 am \$ Chair Yoga 10:15-11:15am\$ Intermediate Yoga 10:15-11:15am \$ Beginner Wheel 12:30-2 pm \$ Drawing Basics II 3-5pm\$ | 25 <p>HAPPY THANKSGIVING</p> | 26 ~ASC CLOSED~ | 27 |

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| 28 | 29 Pickleball open play 8:30-11:30am \$ (NR) Senior Exercise 11-12pm\$ (NR) Barre 10:15-11:15am\$ Beginner Yoga 10:15-11:15 am \$ (V) Peak City Singers 11-12:30pm\$ Watercolor Holiday Cards (V) \$ 1-3 pm Open Cards and Games 1-4pm Mah Jongg 1-4pm T'ai Chi Basics 5:30 pm - 6:30 pm \$ | 30 Senior Exercise 9-10am\$ (NR) Art Club 10-Noon Bridge 10:30-1pm Golden Fit 10:15-11am \$ Steel Strong 11:15-NOON\$ Zumba Gold 1:30-2:30pm\$ Beginner HandbuildingI 3:30-5 pm \$ T'ai Chi Chih 3:15-4:15pm \$ | | | \$ | 30 |

