APEX PARKS, RECREATION AND CULTURAL RESOURCES

PROGRAM GUIDE

MAY-AUGUST 2020

REGISTRATION OPENS:
March 16th for Residents
March 30th for Non-Residents

www.apexnc.org/parks
HOW TO REGISTER FOR PROGRAMS:
Preregistration is required for most programs offered by Apex Parks, Recreation and Cultural Resources. The first two weeks of each registration period is limited to Apex residents only. A resident is defined as an individual who resides within the established corporate limits of the Town as defined by the Apex Planning & Community Development Department. Waiting lists are available for most programs, with Apex residents receiving priority.
1. Online at PEAKconnect: www.apexnc.org/peakconnect
2. In person at the Apex Community Center or Halle Cultural Arts Center
3. By mail to P.O. Box 250 Apex, NC 27502. Please make checks payable to: Town of Apex.

REFUND POLICY:
Full Refunds—Registration fees are 100% refundable when programs and events are canceled or adjusted by the Apex Parks, Recreation, and Cultural Resources Department. The Director of Parks, Recreation, and Cultural Resources shall have the authority to make decisions on all requests not specifically covered herein.
Withdrawals/Transfers—
1. **Withdrawal 10 calendar days or more in advance.** A participant requesting to withdraw from a class must provide a written request at least 10 calendar days in advance of the scheduled start date of the program. The participant will receive the full refund of fees minus a $5.00 processing fee.
2. **Withdrawal less than 10 calendar days in advance.** A participant requesting a refund in writing, less than 10 calendar days prior to the scheduled start date of the program, will receive a 75% refund of the fees only if the participant can be replaced from the waiting list. If there is not a waiting list for the program or athletic league then no refund will be issued.
3. **Withdrawal after first meeting of a program/first regular season game.** A participant requesting to withdraw, on the day of or after the first meeting of any program, or the first regular season game of the affected league, will not be issued a refund.
4. **Transfer Request.** A participant requesting to transfer from one class date to another, within the same program and registration period, must do so in writing at least 10 calendar days or more prior to the scheduled start date of the program.
5. **Adult Team Withdrawals.** Refunds for adult athletic programs requiring “team” registration will be issued based on policies and procedures covering that particular program and are not subject to #s 1, 2, 3, and 4 above.
6. **Youth Sports League Withdrawals.** If there is a tryout for the athletic league, a full refund minus a $5.00 processing fee will be issued if a written request to withdraw is made prior to the tryout day for the league. If the written request is made after the tryout for the athletic league, a 75% refund will be issued only if the participant can be replaced from the waiting list.
7. **Ticketed Events.** All ticket sales are final. Refunds and withdrawals are not permitted.
8. **No refunds will be issued when the amount is less than $6.00.**
**Medical and Scholastic Exceptions—**
A full refund of all fees paid, minus a $5.00 processing fee, will be made for Athletic and Non-Athletic Programs only if:
1. Prior to the first meeting of a program or the first game of the regular season the participant requests a refund in writing including a written excuse from a licensed medical doctor indicating that the participant should not participate due to medical concerns or physical limitations.
2. Prior to the first meeting of a program or the first game of the regular season the participant requests a refund in writing including written verification that the participant has been included in either a Middle School, High School, or College program that prohibits participation in recreational programs. Written verification can include a letter from the team coach, an official team roster from the school or other school document indicating the school policy which prohibits the participant's registration.
**Senior Trips—**
Senior Program information is available in a separate publication. See Page 2 of the Senior 55+ Program Guide for more on the Senior Trip Refund Policy.

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### Parks Operations
2306 Laura Duncan Rd.
Phone: 919-363-6469
Fax: 919-363-6875
2600 Evans Rd.
Phone: 919-363-6469
Fax: 919-363-6875

### Apex Community Center
53 Hunter St. Apex, NC 27502
Mailing Address: P.O. Box 250, Apex, NC 27502
Phone: 919-249-3402 Fax: 919-249-3368
Office Hours: Mon-Fri 8am-5pm
Building Hours: Mon-Fri 8am-9pm, Sat 9am-6pm, Sun 1pm-6pm (Sep-May)

### Halle Cultural Arts Center
237 N. Salem St.
Phone: 919-249-1120
Fax: 919-362-8655
Hours: Mon-Fri 9am-6pm, Sat 9am-1pm, Closed Sundays
The gyms at the Apex Community Center are available for all to use to play basketball and/or volleyball during Open Gym hours. To participate, an Open Gym Pass must be purchased at the Apex Community Center. One-day guest passes may be purchased for $5. Monthly Open Gym schedules (subject to change) are available at the Apex Community Center or online. For more info, please visit www.apexnc.org/opengym

INCLUSION SERVICES
The Town of Apex Parks, Recreation and Cultural Resources Department strives to provide an inclusive approach to recreation and encourages individuals of all abilities to participate together in our programs. In order for participants with disabilities to participate successfully, ADA modifications may be provided. If you or a family member has a disability and needs a reasonable modification, please check the appropriate box on the registration form or contact our inclusion services staff for more information: (919)-249-3507.

Medical Needs?
If you or your child have medical needs, visit www.apexnc.org/medicalforms or see policies on page 22 for more.
APEX COMMUNITY CENTER PROGRAM NOTES

- See How to Register for Programs, pg. 2. Programs are held at Apex Community Center unless otherwise noted.
- Registration is encouraged at least 4 days before the first date of program unless otherwise noted. Please review APRCR’s refund policy on pg. 2 carefully prior to registration.
- Classes will be cancelled if class minimums are not met. Registering early helps to avoid cancellations.
- Please mark your calendars! We do not send out reminders. You will be notified by phone only if a class is cancelled.
- Participant must be the age indicated before the first day of class. We do not make age exceptions.
- Parents/guardians/unregistered siblings are not permitted to remain in class unless otherwise noted.
- No food allowed in class unless otherwise noted.
- Parent/guardian is required to walk child(ren) ages 10 & under to their classroom. Do not drop your child off outside the facility or at the front door of the Community Center. Parents - be responsible for the safety of your children!
- For inclement weather cancellation information please visit www.apexnc.org/weather. If the Community Center is closed due to inclement weather, the Weather Hotline (919-249-3348) will be updated. Cancelled classes will be rescheduled as quickly as possible.

WEE-JAM
A parent/child participation class designed to get your little one movin’ and groovin’. Activities include playing rhythm instruments, singing, dancing, parachute fun, and more! A mixed-age setting allows children the freedom to develop basic skills at their own pace. Limited to 14 participants. Instructor: Wee-Create
Fees: $24(R) / $39(NR) (3 classes)
Ages 10-24 mos.: 8579 Fri May 8 - May 22 9:15am-9:45am
Ages 24-36 mos.: 8580 Fri May 8 - May 22 10am-10:30am

WEE-TOTS & TODDLERS
A parent/child participation class. Join us for a fun, active class that encourages development through play and learning to support your child’s growth! Activities include music, parachute, bubbles and more. Limited to 26 participants. Instructor: Wee-Create
Fees: $28(R) / $43(NR) (3 classes)
8574 Wed May 6 - May 20 10am-11am

KINDERGYM
A developmental dance, movement and fitness program teaching the basics of ballet, tap, acrobatics and creative movement, while blending educational concepts. Ballet and tap shoes recommended. Limited to 12 participants. Instructor: Kinderdance International
Ages: 3-5 yrs.
Fees: $32(R) / $47(NR) (4 classes)
8555 Tue May 12 - Jun 2 11:30am-12:15pm
8556 Tue Jun 16 - Jul 7 11:30am-12:15pm
8557 Tue Jul 28 - Aug 18* 11:30am-12:15pm
8558 Tue May 12 - Jun 2 1pm-1:45pm
8559 Tue Jun 16 - Jul 7 1pm-1:45pm
8560 Tue Jul 28 - Aug 18* 1pm-1:45pm

WEE-CREATE & PAINT
A parent/child participation class. Children will create fun paint and craft projects to help develop their fine motor skills and learn the foundation of art to stretch their imaginations! Explore with paint, glue, stamps, play-doh and more. Dress appropriately for splatters. Limited to 15 participants. Instructor: Wee-Create
Ages: 2-5 yrs.
Fees: $26*(R) / $41*(NR) (3 classes)
*4 supply fee due to instructor at first class (in addition to class fee)
8569 Mon May 4 - May 18 9:15am-10am

KINDERTOTS
Designed to develop gross motor skills, movement creativity, physical development and body awareness while learning numbers, colors, shapes and songs. Ballet shoes recommended. Parents may remain in class. Limited to 10 participants. Instructor: Kinderdance International
Ages: 2 yrs.
Fees: $32(R) / $47(NR) (4 classes)
8551 Tue May 12 - Jun 2 10:45am-11:15am
8552 Tue Jun 16 - Jul 7 10:45am-11:15am
8553 Tue Jul 28 - Aug 18* 10:45am-11:15am
*Recital will be held Aug 18

KINDERDANCE
A developmental dance, movement and fitness program teaching the fundamentals of soccer, t-ball, basketball and hockey in this active, age-appropriate and non-competitive class. Develop social skills while enhancing hand-eye coordination and healthy self-esteem through fun group exercise, games and more. Limited to 12 participants. Instructor: Elaine Tyte
Ages: 3-5 yrs.
Fees: $34(R) / $49(NR) (4 classes)
8561 Tue May 12- Jun 2 4:15pm-5pm
8562 Tue Jun 16 - Jul 7 4:15pm-5pm
8563 Tue Jul 28 - Aug 18* 4:15pm-5pm
*Recital will be held Aug 18
YOUTH PROGRAMS

FUN DAYS TRACK OUT CAMP
Kids tracked out of school and need something fun to do? Join us at the Apex Community Park Camp Building for games, arts & crafts, sports, movies and more! Daily outdoor activities (weather permitting) including nature walks, tennis, basketball, and field sports. Bring lunch, snack and water bottle marked with name. Wear sneakers. Limited to 25 participants.
Camp Location: Apex Community Park, 2200 Laura Duncan Road-first right, camp building is next to small playground.
Ages: 6-11 yrs.
Instructor: APRCR Staff
Fees: $55(R) / $70(NR) (5 classes)
8616 Mon-Fri May 11 - May 15 9am-2pm 8617 Mon-Fri May 18 - May 22 9am-2pm 8618 Mon-Fri Aug 24 - Aug 28 9am-2pm

ARTWORKS FOR KIDS
Curriculum is designed to teach a variety of art techniques using age-appropriate instruction in drawing, painting and handcrafts. Children will uncover their unique artistic gifts and develop a strong love for art in each class. Supplies are included. Limited to 10 participants.
Ages: 6-12 yrs.
Instructor: ArtWorks Staff
Fees: $105(R) / $120(NR) (6 classes)
8613 Fri May 8 - Jun 12 4:30pm-5:30pm 8614 Fri Jun 26 - Aug 7* 4:30pm-5:30pm 8615 *No class Jul 3

BASKETBALL FUNDAMENTALS SKILL DEVELOPMENT
Whether you’re a beginner or experienced basketball player you’re sure to be challenged and inspired by this skills building program. Emphasis placed on developing individual skills, sportsmanship, character enhancement, communication and life lessons. Players are taught the concepts of team offense: floor spacing, passing-and-cutting, dribble-drives, rotations, etc., as well as defense skills. Class structure: Coach talk, warm-up, station work & scrimmage. T-shirts will be provided. For more info visit www.youthhoops.com. Limited to 20 participants.
Ages: 8-14 yrs.
Instructor: Youth Hoops
Fees: $145(R) / $160(NR) (6 classes)
Shooting & Inside Play:
8611 Thu May 7 - Jun 11 3:45pm-5pm

YOUTH TUMBLING GYMNASTICS
Be challenged and engaged while learning recreational tumbling skills and having fun at the same time. We will focus on strength and flexibility with emphasis on tumbling and jumping in order to learn the basic building blocks of gymnastics. Please dress in fitness wear, no loose clothing, and have hair tied back. Groups will be divided by age and skill level accordingly. Limited to 12 participants.
Ages: 6-14 yrs.
Instructor: Elaine Tyte
Fees: $40(R) / $55(NR) (4 classes)
8596 Fri May 1 - May 22 4:15pm-5:15pm 8597 Fri Jun 5 - Jun 26 4:15pm-5:15pm 8598 Fri Jul 10 - Jul 31 4:15pm-5:15pm 8599 Fri Aug 14 - Sep 4 4:15pm-5:15pm

GYMNASTICS II / FUSION ~ Intermediate
Building on basic skills from beginner gymnastics this intermediate level class focuses on core conditioning, strength training, front and back walkovers, and handsprings. Please dress in fitness wear, no loose clothing, and have hair tied back. Groups will be divided by age and skill level accordingly. It is REQUIRED to have reached an intermediate skill level in handstands and cartwheels to register for this class. Limited to 12 participants.
Ages: 8-14 yrs.
Instructor: Elaine Tyte
Fees: $40(R) / $55(NR) (4 classes)
8601 Wed May 6 - May 27 4:30pm-5:30pm 8602 Wed Jun 10 - Jul 1 4:30pm-5:30pm 8603 Wed Jul 29 - Aug 19 4:30pm-5:30pm

HAPKIDO ~ YOUTH BEGINNER
For beginners, white and advanced yellow belts. Learn the basic philosophy of a traditional self-defense martial art including respect for others, self-discipline, stretching, kicking, punching, rolling, break-falling techniques, and basic grappling. Heavy emphasis on importance of technique, appropriateness and safety. Minimum of 2 sessions of Beginner Hapkido required before entering intermediate class. Optional purchase of uniform and safety equipment available. Parents may remain in class. Limited to 12 participants.
Ages: 8-12 yrs.
Instructor: Richard Lemaster
Fees: $54(R) / $69(NR) (10 classes)
8628 Sat Jun 20 - Aug 29* 9:05am-10:35am *No class Jul 4 (Awards/Potluck Dinner- Sep 1, 6:30pm)

HAPKIDO ~ YOUTH INTERMEDIATE
For students with a green belt or higher only. Must have taken Beginner Hapkido at Apex Community Center (minimum of 2 sessions Beginner Hapkido required). Optional purchase of uniform and safety equipment available. Parents may remain in class. Limited to 30 participants.
Ages: 8-12 yrs.
Instructor: Richard Lemaster
Fees: $55(R) / $70(NR) (20 classes)
8630 Tue/Fri Jun 16 - Aug 25* 6pm-6:55pm *No class Jul 3 (Awards/Potluck Dinner- Sep 1, 6:30pm)

Need your CPR Certification? See page 8 for more. Ages 11+.

Have an event or party coming up? Did you know we rent out our rooms and our park shelters? Call 919-249-3402 for more information or visit www.apexnc.org/parks

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YOUTH PROGRAMS

BALLETT & CREATIVE MOVEMENT
Explore movement and the basics of classical ballet in a fun and creative way. This class provides an outlet for self-expression while using your imagination. Improves dexterity, hand and eye coordination, balance, strength of feet and ankles, and proper body alignment. Please wear appropriate dance attire for freedom of movement. Hair should be worn up and out of the face. Limited to 10 participants.

Ages: 6-7 yrs.
Instructor: Desiree Perfetti
Fees: $51(R) / $66(NR) (6 classes)
8605 Mon May 4 - Jun 15* 4:30pm-5:30pm *No class May 25
8606 Mon Jun 29 - Aug 3 4:30pm-5:30pm

BALLETT & CONTEMPORARY DANCE
Suitable for beginners but specifically designed for those with expectations for a fast pace and more advanced dance form and artistry. Classical ballet technique and steps, leaps, turns and contemporary combinations will be covered. Please wear appropriate dance attire for freedom of movement. Hair should be worn up and out of the face. Limited to 10 participants.

Ages: 8-12 yrs.
Instructor: Desiree Perfetti
Fees: $51(R) / $66(NR) (6 classes)
8608 Wed May 6 - Jun 10 5:45pm-6:45pm
8609 Wed Jun 24 - Jul 29 5:45pm-6:45pm

FREE YOUTH NATURE EDUCATION WORKSHOPS

EXPLORING OUR STREAMS
Students will learn the life cycle of many flying insects found in our parks, namely how these insects go from totally aquatic nymphs to flying adults. After a short lesson the class will travel down to Williams Creek and conduct a search for these insects, and we will ID them as a group. Bring boots and/or clothing that you don’t mind getting wet because we will be getting in the creek. Supplies are included. Limited to 10 participants. Location: Apex Community Park Camp Building, 2200 Laura Duncan Rd. Instructor: APRCR Staff
Ages: 7+ yrs. Fee: Free (1 class)
8619 Sat May 16 9am-11am

BASIC ORIENTEERING
This class will teach the basics of orienteering. This includes using a compass and reading topo maps. A short scavenger hunt will allow students to practice the skills they learned. Supplies are included. Limited to 10 participants. Location: Apex Community Park Camp Building, 2200 Laura Duncan Rd. Instructor: APRCR Staff
Ages: 8+ yrs. Fee: Free (1 class)
8620 Sat May 23 9am-11am

CREATURES OF THE NIGHT HIKE
Students will learn about nocturnal wildlife that live in our parks, including what these animals do during the day and what they do at night. Learn to identify some of the common critters such as owls, bats and other animals that we can hear and see at night. Students will have a chance to hike the trail afterwards to search and listen for nocturnal animals. Bring a flashlight and walking shoes. Supplies are included. Limited to 10 participants. Location: Apex Community Park Camp Building, 2200 Laura Duncan Rd. Instructor: APRCR Staff
Ages: 8+ yrs. Fee: Free (1 class)
8621 Wed Jun 17 7pm-9pm

BATS: CHIROPTEROLOGISTS!
Students will learn about bat habitats, bat coloration, different bats around the world, and learn to identify many local bats. We will debunk all the myths surrounding bats and learn about how helpful they are to the environment. Have you ever wanted to study bats? Students learn about a day in the life of a chiropterologist and will practice their skills with an activity. Supplies are included. Limited to 15 participants. Location: Apex Community Park Camp Building, 2200 Laura Duncan Rd.
Instructor: APRCR Staff
Ages: 11+ yrs. Fee: Free (1 class)
8622 Sat Jun 27 9am-11am

AQUATIC ADAPTATIONS AND EVOLUTION
Students will learn how different fish species have evolved over the years to best fit into their habitats. Learn how to classify types of fish according to color and body shape. We will discuss how pollution and human interaction affects the fish in these habitats and how we can help conserve their ecological spaces. Supplies are included. Limited to 15 participants. Location: Seagrove Park Farm Park, Picnic Shelter, 201 Parkfield Dr. Instructor: APRCR Staff
Ages: 10+ yrs. Fee: Free (1 class)
8623 Sat Jul 11 9am-11am

ARACHNIDS, INSECTS AND ISOPODS, OH MY!
Students will learn about all of the different creatures that are most commonly referred to as “bugs.” However, not all of these bugs are as they seem! Some of them aren’t even insects at all. Students will learn about arachnids, arthropods, isopods, insects, and just what makes all these creatures different from each other. Learn the different biology, anatomy and life cycles. Test your ID skills at the end of the class! Supplies are included. Limited to 15 participants. Location: Apex Community Park Camp Building, 2200 Laura Duncan Rd. Instructor: APRCR Staff
Ages: 11+ yrs. Fee: Free (1 class)
8624 Sat Jul 25 9am-11am

HERPETOLOGY ID
Come take a walk and learn about all of the different reptiles and amphibians that can be found in our parks! Participants will learn how to ID snakes, turtles, lizards and more. Find out which of these are poisonous and which aren’t. A trail hike is included to find some of the more elusive critters on our list. Wear hiking shoes. Supplies are included. Limited to 15 participants. Location: Apex Nature Park, Large Picnic Shelter, 2600 Evans Rd.
Instructor: APRCR Staff
Ages: 11+ yrs. Fee: Free (1 class)
8625 Sat Aug 8 9am-11am

LICHEN SCAVENGER HUNT
Students will learn about lichen and what makes them different from flowers, trees, bushes, and other plants. Learn how scientists use lichen to study air quality, among other things. We will go on a scavenger hunt/trail walk to find lichen in our parks. Supplies are included. Limited to 15 participants. Location: Apex Nature Park, Large Picnic Shelter, 2600 Evans Rd. Instructor: APRCR Staff
Ages: 10+ yrs. Fee: Free (1 class)
8626 Sat Aug 15 9am-11am
**SUMMER CAMP PROGRAMS**

**TOWN OF APEX IMPORTANT CAMP NOTES**
- See How to Register for Programs, pg. 2 for refund and registration information. Camps are held at Apex Community Center unless otherwise noted. Please read each camp description carefully for location and other relevant information.
- Child must be the age indicated before the first day of camp. We do not make age exceptions.
- Please review all policies which are listed in detail on the back of the registration form (see pg. 22). This includes the behavior policy and medical treatment policy.
- Full day APRCR camps require additional paperwork to be submitted prior to the start of the camp.
  Please visit www.apexnc.org/camp for more information.

**WEE-PAINT SUMMER CAMP**
Create fun paint projects with sponges, brushes, fingers and more! Each day will include art exploration and activities to encourage your child's creativity. Must be potty trained. Be sure to dress appropriately for splatters. Bring drink and snack. Limited to 15 participants.

**Ages:** 3-5 yrs.
**Instructor:** Wee-Create
**Fees:** $65*(R) / $80*(NR) (4 classes)

*$10 supply fee due to instructor at first class (in addition to class fee)

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**WEE-NATURE SUMMER CAMP**
Join us for nature activities, experiments, outdoor walks and fun times. Campers must be potty trained. Bring drink and snack. Limited to 15 participants.

**Ages:** 3-5 yrs.
**Instructor:** Wee-Nature)
**Fees:** $45*(R) / $60*(NR) (4 classes)

*$5 supply fee due to instructor at first class (in addition to class fee)

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**WEE-FUN SUMMER CAMP**
Join us for fun activities including arts, crafts, games and more. Campers must be potty trained. Bring drink and snack. Limited to 15 participants.

**Ages:** 3-5 yrs.
**Instructor:** Wee-Fun
**Fees:** $65*(R) / $70*(NR) (4 classes)

*$10 supply fee due to instructor at first class (in addition to class fee)

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**APLEX SUMMER LACROSSE CAMP**
Coach John Hayden and the Apex High School lacrosse staff are offering this comprehensive lacrosse camp for boys. All aspects of the game will be covered, with special emphasis on fundamental skills. This will be a fast moving program that will include opportunities for scrimmage play and instruction in advanced skills. We are staffed for all levels of players and we will split out in groups by age/ability. Our staff includes college players who played at Apex, and current Apex players. Required equipment: helmet, gloves, arm pads, shoulder pads, cup, mouthpiece. All water and bottles included. Limited to 65 participants.

**Ages:** 9-14 yrs.
**Location:** Hunter Street Park Soccer Field
**Instructor:** Peak Lacrosse
**Fees:** $135*(R) / $150*(NR) (4 classes)

8682 Mon-Thu Jun 22 - Jun 25 9:15am-11:15am
8683 Mon-Thu Jul 20 - Jul 23 9:15am-11:15am
8684 Mon-Thu Aug 17 - Aug 20 9:15am-11:15am

**APEX BASKETBALL CAMP**
Join us for an exciting summer of basketball camp led by Coach David Neal. Camp structure will include warm-up, fundamentals, station work, shooting games, guest speakers, 3 on 3 games, and 5 on 5 games. Emphasis will be placed on developing individual skills, sportsmanship, communication, and life lessons. Coach Neal has many years of experience coaching basketball and directing camps. While at Apex High School, he helped lead the team to eight regular season Conference Championships and the 2014 4A State Title. He also coached in the 2018 East West All-Star Game. Coach Neal played for legendary Coach Dean Smith at UNC, and has been working at Carolina Basketball Camp since 1995. Limited to 56 participants.

**Ages:** 8-14 yrs.
**Instructor:** David Neal
**Fees:** $200*(R) / $215*(NR) (5 classes)

8686 Mon-Thu, Fri Jul 13 - Jul 17 9am-4pm, 9am-12pm
8687 Mon-Thu, Fri Jul 27 - Jul 31 9am-4pm, 9am-12pm

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For fun days, track out camps, see pg. 5

For Fun Days
Track Out Camps, see pg. 5

...But wait, there's more!
Find more summer camps held at the Halle Cultural Arts Center on pgs. 17-19

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More Summer Camps on the next page
VOLLEYBALL YOUTH DEVELOPMENT CAMP
This camp is for beginners to advanced beginners who want to learn or improve their basic volleyball skills on passing, setting, hitting and serving. Bring water bottle, snack, knee pads, lightweight leather volleyball, and wear comfortable sneakers. Limited to 32 participants.
Ages: 10-13 yrs.
Instructor: Lorraine Hudak
Fees: $99(R) / $114(NR) (4 classes)
8689 Mon-Thu Jun 15 - Jun 18 12:30pm-4pm
8690 Mon-Thu Jun 22 - Jun 25 12:30pm-4pm

Instructor: Wade Carmichael
Fees: $140*(R) / $155*(NR) (5 classes)
*No class Jul 4
8662 Thu May 7 - Jun 4 6:30pm-8:30pm
8663 Thu Jun 18 - Jul 16 6:30pm-8:30pm
8664 Thu Jul 30 - Aug 27 6:30pm-8:30pm

HAPKIDO ~ TEEN & ADULT BEGINNER
For beginners, white and advanced yellow belts. Learn basic philosophy of a traditional self-defense martial art including respect for others, self-discipline, stretching, kicking, punching, rolling, break-falling techniques, and basic grappling. Heavy emphasis is placed on importance of technique, appropriateness and safety. Minimum of 3 sessions of Beginner Hapkido is required before entering intermediate class. Optional purchase of uniform and safety equipment available. Limited to 10 participants.
Ages: 13+ yrs.
Instructor: Richard Lemaster
Fees: $54(R) / $69(NR) (10 classes)
8635 Sat Jun 20 - Aug 29 9:05am-10:35am
*No class Jul 4
(Awards/Potluck Dinner- Sep 1, 6:30pm)

ART & SCIENCE OF DRAWING
Explore the art of drawing, with attention to the science behind light and shadow and how they affect your drawing. Conquer your fear of making the first mark on the paper! Learn to understand the tools of artistry. All skill levels are welcome. Individual attention will be given to each student’s own artistic challenges, skill level and objectives. Limited to 15 participants.
Ages: 16+ yrs.
Instructor: Wade Carmichael
Fees: $140*(R) / $155*(NR) (5 classes)
*$10 supply fee due to instructor at first class (in addition to class fee)
8662 Thu May 7 - Jun 4 6:30pm-8:30pm
8663 Thu Jun 18 - Jul 16 6:30pm-8:30pm
8664 Thu Jul 30 - Aug 27 6:30pm-8:30pm

HAPKIDO ~ TEEN & ADULT INTERMEDIATE
For returning students with a green belt or higher only. Must have taken Beginner Hapkido at Apex Community Center (minimum of 3 sessions required). Continued Hapkido skills. Optional purchase of uniform and safety equipment available. Parents may remain in class. Limited to 20 participants.
Ages: 13+ yrs.
Instructor: Richard Lemaster
Fees: $75(R) / $90(NR) (20 classes)
8637 Tue/Fri Jun 16 - Aug 25* 7pm-8:30pm
*No class Jul 3
(Awards/Potluck Dinner- Sep 1, 6:30pm)

HAPKIDO ~ TEEN & ADULT ADVANCED
Class for teen and adult intermediate students, who have had at least 3 semesters of Hapkido, for work on advanced techniques with a smaller student/teacher ratio. Limited to 15 participants.
Ages: 13+ yrs.
Instructor: Richard Lemaster
Fees: $50(R) / $65(NR) (10 classes)
8633 Sat Jun 20 - Aug 29* 10:35am-12:35pm
*No class Jul 4
(Awards/Potluck Dinner- Sep 1, 6:30pm)

AHA ~ HEARTSAVER ~ ADULT, INFANT, CHILD CPR, FIRST AID & AED TRAINING
Perfect class for babysitters! Learn the lifesaving skills of CPR, from the moment of recognition to the final steps needed to save the life of an adult, infant or child. AED training and first aid skills will be taught, covering medical, injury and environmental emergencies. Taught in a group setting with the most hands-on CPR practice time possible. American Heart Association Certified course. AHA certification valid for 2 years. Registration is required 1 week in advance. Manual is included. Limited to 10 participants.
Ages: 11+ yrs.
Instructor: CPR Consultants Training Center
Fees: $100(R) / $115(NR) (1 class)
8592 Sat Jun 20 9:15am-3:15pm
8593 Sat Jul 18 9:15am-3:15pm
8594 Sat Aug 15 9:15am-3:15pm

HAPKIDO ~ TEEN & ADULT DEVELOPMENT CAMP
This is an intermediate level camp that will help perfect your basic skills of passing, hitting, blocking, setting, and serving. We will work on transition of a 6-2 and 5-1 offense, and middle back defense for older players going into high school. Players must be able to serve over the net either overhead or underhand. Bring water bottle, snack, knee pads, lightweight leather volleyball, and wear comfortable sneakers. Limited to 32 participants.
Ages: 12-15 yrs.
Instructor: Lorraine Hudak
Fees: $99(R) / $114(NR) (4 classes)
8691 Mon-Thu Jul 20 - Jul 23 12:30pm-4pm

Instructor: Richard Lemaster
Fees: $54(R) / $69(NR) (10 classes)
8635 Sat Jun 20 - Aug 29 9:05am-10:35am
*No class Jul 4
(Awards/Potluck Dinner- Sep 1, 6:30pm)

Perfect class for babysitters! Learn the lifesaving skills of CPR, from the moment of recognition to the final steps needed to save the life of an adult, infant or child. AED training and first aid skills will be taught, covering medical, injury and environmental emergencies. Taught in a group setting with the most hands-on CPR practice time possible. American Heart Association Certified course. AHA certification valid for 2 years. Registration is required 1 week in advance. Manual is included. Limited to 10 participants.
Ages: 11+ yrs.
Instructor: CPR Consultants Training Center
Fees: $100(R) / $115(NR) (1 class)
8592 Sat Jun 20 9:15am-3:15pm
8593 Sat Jul 18 9:15am-3:15pm
8594 Sat Aug 15 9:15am-3:15pm

HAPKIDO ~ TEEN & ADULT INTERMEDIATE
For returning students with a green belt or higher only. Must have taken Beginner Hapkido at Apex Community Center (minimum of 3 sessions required). Continued Hapkido skills. Optional purchase of uniform and safety equipment available. Parents may remain in class. Limited to 20 participants.
Ages: 13+ yrs.
Instructor: Richard Lemaster
Fees: $75(R) / $90(NR) (20 classes)
8637 Tue/Fri Jun 16 - Aug 25* 7pm-8:30pm
*No class Jul 3
(Awards/Potluck Dinner- Sep 1, 6:30pm)

HAPKIDO ~ TEEN & ADULT ADVANCED
Class for teen and adult intermediate students, who have had at least 3 semesters of Hapkido, for work on advanced techniques with a smaller student/teacher ratio. Limited to 15 participants.
Ages: 13+ yrs.
Instructor: Richard Lemaster
Fees: $50(R) / $65(NR) (10 classes)
8633 Sat Jun 20 - Aug 29* 10:35am-12:35pm
*No class Jul 4
(Awards/Potluck Dinner- Sep 1, 6:30pm)
ESSENTIALS OF DIGITAL PHOTOGRAPHY
This class is perfect for beginners and those who want to learn advanced digital photography techniques. Learn the basic principles and advanced techniques of photography, as well as how to choose proper settings specific to your camera in order to create professional looking photographs. Topics will include framing and composition, lighting and the use of off-camera flash and studio strobes, metering and focusing modes. Learn about working with Adobe Photoshop and Lightroom post-production to correct and enhance photographs. Discussion will include equipment, including DSLR bodies, lenses, lights and light modifiers, and how to use this gear in a photo session. This is an interactive class with photo assignments given each week. Students should bring their camera to class. Limited to 12 participants.
Ages: 14+ yrs.
Instructor: Scott Scala
Fees: $88(R) / $103(NR) (8 classes)
8655 Tue May 12 - Jun 30 6:30pm-7:30pm
8656 Tue Jul 30 - Sep 1 6:30pm-7:30pm

BASIC YOGA
This is a beginner to intermediate level class. Reap the benefits of yoga, including better posture, more overall comfort in the body, more flexibility, more strength, better breathing, better concentration, and an improved sense of peacefulness. No previous yoga experience necessary. Different levels of poses will be demonstrated. Students must be able to get up from and get down to the floor easily. Bring your own yoga mat. Limited to 20 participants.
Ages: 16+ yrs. (Ages 13-15 may enroll if accompanied by a parent)
Instructor: Elaine Tyte
Fees: $67(R) / $82(NR) (7 classes)
8643 Mon May 4 - Jun 22* 6pm-7pm
8644 Mon Jul 27 - Sep 14* 6pm-7pm
*No class May 25 or Sep 7

CARDIO SCULPT
Increase your cardiovascular and muscular strength and endurance by alternating between cardio and resistance training. Exercises include any combination of dumbbells, bands, balls, steps, body bars, and more. Equipment is provided, except dumbbells. Please bring towel and water. Limited to 12 participants.
Ages: 16+ yrs.
Instructor: Elaine Tyte
Fees: $67(R) / $82(NR) (7 classes)
8652 Wed May 6 - Jun 17 7pm-8pm
8653 Wed Jul 29 - Sep 9 7pm-8pm

PILATES
An excellent non-aerobic form of body conditioning that anyone can do regardless of age or ability. Movements are specifically designed to strengthen and lengthen the muscles with special focus on the core. Mats provided, or you may bring your own. Limited to 20 participants.
Ages: 16+ yrs. (Ages 13-15 may enroll if accompanied by parent)
Instructor: Elaine Tyte
Fees: $67(R) / $82(NR) (7 classes)
8646 Tue May 5 - Jun 16 5:55pm-6:55pm
8647 Tue Jul 28 - Sep 8 5:55pm-6:55pm

PILATES II
Building on basic Pilates skills, this intermediate level class will further increase your ability level to strengthen and tone the body improving balance, posture and flexibility while focusing on the core muscle groups. Join us for a low impact class suitable for all, with modifications if needed. Mats provided or you may bring your own. Props include use of balls, resistance bands and Pilates magic circles. Limited to 15 participants.
Ages: 16+ yrs. (Ages 13-15 may enroll if accompanied by parent)
Instructor: Elaine Tyte
Fees: $67(R) / $82(NR) (7 classes)
8649 Thu May 7 - Jun 18 6pm-7pm
8650 Thu Jul 30 - Sep 10 6pm-7pm

DANCE FITNESS FOR WOMEN
A dance-based fitness program that strengthens and tones while increasing energy and flexibility. This is a building program allowing participants to grasp 14-15 choreographed routines one at a time, quickly and effectively, while keeping fun and fitness as the priority! Limited to 15 participants.
Ages: 16+ yrs. (Ages 13-15 may enroll if accompanied by parent)
Instructor: Kathy Taylor
Fees: $164(R) / $179(NR) (26 classes)
8640 M/Th May 11 - Aug 17* 7:30pm-8:30pm
*No class May 25, Jun 15 or Jun 18
8641 T/Th May 12 - Aug 18* 9:15am-10:15am
*No class Jun 16 or Jun 18

ZUMBA AT THE PARK
Zumba fitness offers a sustainable way of exercising regularly, by making exercise fun! Zumba is for everyone, and suitable for beginners. You will be guided through simple moves in this fun outdoor location, following energizing music from around the world, including Latin rhythms, Bollywood, hip hop, and more. Wear good exercise shoes, bring a water bottle and towel. Limited to 20 participants.
Ages: 16+ yrs. (Ages 13-15 may enroll if accompanied by parent)
Location: Apex Community Park, 2200 Laura Duncan Rd., Large Picnic Shelter
Instructor: Triangle Dance 4 Life
Fees: $16(R) / $31(NR) (2 classes)
8658 Wed May 6 & May 13 5:30pm-6:30pm
8659 Wed May 20 & May 27 5:30pm-6:30pm
8660 Wed Jun 3 & Jun 10 5:30pm-6:30pm
Youth Athletic Programs Eligibility Cut-off Dates

The following cut-off dates are used to determine a participant’s playing age for all Youth Sports Leagues. This playing age will indicate the age group in which the participant will play for the season.

**FALL** Soccer, Baseball, Softball, Volleyball: Oct 31  
**SPRING** Soccer, Baseball, Softball, Volleyball: Jun 30  
**WINTER** Basketball: Feb 28

## YOUTH LEAGUES

### YOUTH FALL BASEBALL & SOFTBALL

Baseball leagues are for boys ages 7-15. Softball leagues are for girls ages 7-15. T-Ball league is coed for ages 5-6. Practices are held on weeknights with games played on Saturdays and on some weeknights. Registration will be held online and at the Apex Community Center. *League age is based on a player’s age on October 31, 2020.*

**Apex Resident Registration Begins: 9am, Monday, May 18**  
**Non-Resident Registration Begins: 9am, Monday, June 1**

**T-Ball Fee:** $54(R) / $69(NR)

<table>
<thead>
<tr>
<th>Course #</th>
<th>Age</th>
<th>League</th>
</tr>
</thead>
<tbody>
<tr>
<td>8543</td>
<td>5-6</td>
<td>T-Ball (Coed)</td>
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</tbody>
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**Baseball Fee:** $54(R) / $69(NR)

<table>
<thead>
<tr>
<th>Course #</th>
<th>Age</th>
<th>League</th>
</tr>
</thead>
<tbody>
<tr>
<td>8544</td>
<td>7-8</td>
<td>Instructional Coach Pitch</td>
</tr>
<tr>
<td>8545</td>
<td>9-10</td>
<td>Farm</td>
</tr>
<tr>
<td>8541</td>
<td>11-12</td>
<td>Major</td>
</tr>
<tr>
<td>8542</td>
<td>13-15</td>
<td>Junior</td>
</tr>
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**Softball Fee:** $38(R) / $53(NR)

<table>
<thead>
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<th>Course #</th>
<th>Age</th>
<th>League</th>
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</thead>
<tbody>
<tr>
<td>8724</td>
<td>7-8</td>
<td>Instructional Coach Pitch</td>
</tr>
<tr>
<td>8725</td>
<td>9-10</td>
<td>Farm Modified Pitch</td>
</tr>
<tr>
<td>8722</td>
<td>11-12</td>
<td>Major Fast Pitch</td>
</tr>
<tr>
<td>8723</td>
<td>13-15</td>
<td>Junior Fast Pitch</td>
</tr>
</tbody>
</table>

For more information contact Kyle Talley at kyle.talley@apexnc.org or call 919-249-3402.

### YOUTH SUMMER LACROSSE

The 7-8 division will be coed and non-contact. Players will not wear pads or helmets, but must provide their own Lacrosse stick. The 9-10 division will be for boys only and equipment will be required but not provided (helmet, shoulder pads, elbow pads and gloves). Practices and games will be held on Tuesday and Thursday evenings and Saturday mornings, beginning June 11. Volunteer coaches needed. *League age is based on a player’s age on July 31, 2020.*

**Apex Resident Registration Begins: 9am, Monday, March 30**  
**Non-Resident Registration Begins: 9am, Monday, April 13**

**Lacrosse Fee:** $35(R) / $50(NR)

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<thead>
<tr>
<th>Course #</th>
<th>Age</th>
<th>League</th>
</tr>
</thead>
<tbody>
<tr>
<td>8731</td>
<td>7-8</td>
<td>(coed) Pee Wee</td>
</tr>
<tr>
<td>8732</td>
<td>9-10</td>
<td>Mites</td>
</tr>
</tbody>
</table>

For more information contact Kyle Talley at kyle.talley@apexnc.org or call 919-249-3402.

### YOUTH FALL LACROSSE CLINIC

Course #8733. Clinic is for boys and girls, ages 6-12. Clinic will be held on consecutive Sundays, September 13, 20 & 27, 2020. Led by coaching staff and members of the Apex High School Lacrosse teams.

**Apex Resident Registration Begins: 9am, Monday, July 13**  
**Non-Resident Registration Begins: 9am, Monday, July 27**

**Lacrosse Clinic Fee:** $8(R) / $23(NR)

For more information contact Kyle Talley at kyle.talley@apexnc.org or call 919-249-3402.
YOUTH RUNNING PROGRAMS

TURKEY TOTS RUNNING CLUB
Course #8509. This 10-week running program trains kids to participate in a 5k race. The program equips kids with the physical training and goal-setting mentality needed to accomplish their running goals. Classes take place twice per week on Mondays and Wednesdays at 4:15pm. Participants will end the program by participating in the Turkey Trot 5k (race registration included as part of class).

Ages: 8-13 yrs.

Apex Resident Registration Begins: 9am, Monday, July 13
Non-Resident Registration Begins: 9am, Monday, July 27

Fees (per person): $44(R) / $59(NR)

For more information contact Patrick Fitzsimons at patrick.fitzsimons@apexnc.org or call 919-249-3402.

ADULT LEAGUES

ADULT 35 & OVER BASKETBALL
Course #8511. Games will be played on Mondays and Wednesdays at the Apex Community Center. There is a 6 team maximum for the league. League play will start early July and will end early September. All teams must qualify for membership in the league through the priority point system as established by APR&CR. The registration deadline is final for all required documentation and materials. No exceptions! Players must be 35 years old by July 6, 2020.

Registration Begins: 9am, Monday, May 4
Registration Deadline: 4pm, Thursday, June 11

Fees: $450 per team + $25 per player for each non-Apex resident

For more information contact Patrick Fitzsimons at patrick.fitzsimons@apexnc.org or call 919-249-3402.

Call the Athletic Weather Hotline!
The hotline is updated daily Mon-Fri by 4pm, Sat by 8am and Sun by 12pm.
919-249-3348

COED SUMMER SAND VOLLEYBALL
Course #8539. All league practices and games will be played at Apex Community Park. Matches will start in July and will be on Sunday afternoons with the possibility of Saturday afternoons or Tuesday nights. Teams will consist of six players (6 on 6), two of which must be men and two women. Those interested may sign-up as a team or as an individual. Players must be 17 years old by June 4, 2020.

Registration Begins: 9am, Tuesday, May 19
Registration Deadline: 4pm, Thursday, June 4

Fees (per person): $15(R) / $40(NR)

For more information contact Karl Lyon at karl.lyon@apexnc.org or call 919-249-3402.

ADULT FALL SOFTBALL
Fall Softball will be offered in Men’s B, C and D Divisions. Each division is limited to 6 teams. Games will start the first week of August and will end in late October. All teams must qualify for membership in the league through the priority point system as established by APR&CR. The registration deadline is final for all required documentation and materials. No exceptions! Players must be 17 years old by August 1, 2020.

Registration Begins: 9am, Monday, June 1, 2020
Registration Deadline: 4pm, Thursday, July 9, 2020

Men’s Leagues
8513 B League (plays on Tues & Thurs)
8514 C League (plays on Tues & Thurs)
8515 D American League (plays on Mon & Wed)
8516 D National League (plays on Mon & Wed)

Fees: $500 per team + $25 per player for each non-Apex resident

For more information contact Patrick Fitzsimons at patrick.fitzsimons@apexnc.org or call 919-249-3402.
ATHLETIC PROGRAMS

YOUTH AND ADULT TENNIS INFORMATION

The following programs on this page are for youth and adult tennis lessons or programs. For more information about any tennis programs (including USTA leagues), please contact Karl Lyon at karl.lyon@apexnc.org or call 919-249-3402.

The Town of Apex has free outdoor tennis and pickleball courts available for use anytime they are not being used for APRCR programming.

Tennis courts are available at Apex Community Park, Apex Nature Park and Kelly Road Park.

Pickleball courts can be found at Apex Nature Park and Kelly Road Park.

TENNIS

TENNIS LESSONS ~ EARLY SUMMER SESSION
Registrations will be held online and at the Apex Community Center. Youth Classes are limited to 18 participants per level. Adult Classes are limited to 12 participants per level. Instructor: Steve Walker

Apex Resident Registration Begins: Monday, April 20
Non-Resident Registration Begins: Monday, May 4

Location: Apex Nature Park

Fees: $57(R) / $72(NR) (8 classes)

Course # | Level (Ages) | Meeting Times | Dates
---|---|---|---
8520 | Level 1 (5-8) | Mon-Thu, 5-5:45pm | June 1-11
8521 | Level 2 (8-12) | Mon-Thu, 5:45-6:45pm | June 1-11
8522 | Level 3 (12-16) | Mon-Thu, 6:45-7:45pm | June 1-11

Location: Apex Community Park

Fees: $42(R) / $57(NR) (4 classes)

Course # | Level (Ages) | Meeting Times | Dates
---|---|---|---
8525 | Youth Lvl 1 (10-14) | Mon-Thu, 5-6pm | June 22-25
8526 | Youth Lvl 2 (12-16) | Mon-Thu, 6-7pm | June 22-25
8524 | Adult (17-up) | Mon-Thu, 7-8pm | June 22-25

APRCR WEATHER HOTLINE: 919-249-3348
Updated Mon-Fri by 4pm, Sat by 8am, Sun by 12pm

TENNIS LESSONS ~ SUMMER SESSION
Registrations will be held online and at the Apex Community Center. Youth Classes are limited to 18 participants per level. Adult Classes are limited to 12 participants per level.

Apex Resident Registration Begins: Monday, May 18
Non-Resident Registration Begins: Monday, June 1

Instructor: Steve Walker
Location: Apex Community Park

Fees: $59(R) / $74(NR) (8 classes)

Course # | Level (Ages) | Meeting Times | Dates
---|---|---|---
8528 | Level 1 (5-10) | Mon-Thu, 5pm-6pm | July 6-16
8529 | Level 2 (6-12) | Mon-Thu, 6pm-7pm | July 6-16
8530 | Level 3 (10-16) | Mon-Thu, 7pm-8pm | July 6-16

TENNIS LESSONS ~ END OF SUMMER SESSION
Registrations will be held online and at the Apex Community Center. Youth Classes are limited to 18 participants per level. Adult Classes are limited to 12 participants per level.

Apex Resident Registration Begins: Monday, July 13
Non-Resident Registration Begins: Monday, July 27

Instructor: Steve Walker
Location: Apex Community Park

Fees: $48(R) / $63(NR) (6 classes)

Course # | Level (Ages) | Meeting Times | Dates
---|---|---|---
8533 | Level 1 (5-9) | T/Th, 5-5:45pm | Aug 18-Sep 3
8532 | Level 1 (5-9) | T/Th, 5:45-6:30pm | Aug 18-Sep 3
8534 | Level 2 (8-12) | T/Th, 6:30-7:30pm | Aug 18-Sep 3
8537 | Youth Int (10-16) | M/W, 6-7pm | Aug 17-Sep 2
8536 | Adult (17-up) | M/W, 7-8pm | Aug 17-Sep 2

USTA MEN’S & WOMEN’S LEAGUES
NOTE: This program can only be registered through Western Wake Tennis site.

Competitive adult leagues year round - leagues include Adult, Mixed, Combo, Singles and Tri-Level. Leagues are broken down by gender, age (18+, 40+, 55+, 65+) and NTRP level (2.5, 3.0, 3.5, 4.0, 4.5). Visit www.westernwaketennis.com for play days and league information including current season offering and registration information and deadlines. You must register as a team. To register a team, go to www.westernwaketennis.com under the USTA Adult League section or email ustallc@westernwaketennis.com. Two teams per level will be taken. For age groups, levels offered and other details please visit the Western Wake Tennis Association website. WWTsA will assist you in finding a team if necessary.

Fee: $175 per team for 5 court leagues and $150 for all others

Each player must be a current USTA member and be 18 years old by December 31, 2020. Each player must pay a USTA fee online of $23 to register once a team has registered through the Western Wake Tennis Association website and has a valid team number.
SPIRIT LEAGUE BASKETBALL
An adaptive basketball program that allows participants with special needs to play a team sport in a positive, self-esteem building environment. Athletes will have the opportunity to learn skills and the fundamentals of basketball through drills and fun adaptive games. Please wear gym clothes and shoes and bring a water bottle. Personal assistants are welcome. The season will end with an Ice Cream Social. Shirts will be provided. Limited to 40 participants.
Registration Deadline: Fri, May 22
Location: Apex Community Center.
Ages: 12+ yrs.
Instructor: Spirit League Basketball Volunteers
Fee: $18(R) / $28(NR) (8 weeks)
8786 Tue Jun 16 - Aug 4 6:30pm-8pm

TOUCH-A-TRUCK
Join us at Apex Community Park on Sunday, May 17 from 1pm-4pm
Horn Free Hour from 1pm-2pm

BINGO NIGHT!
Get ready for a fun-filled night of Bingo. Unlimited Bingo, snacks and prizes are included. This program is specifically designed for participants with developmental and/or physical disabilities. Support staff are welcome. Limited to 15 participants.
Ages: 15+ yrs.
Instructor: APRCR Staff
Fee: $6 (each date)
8849 3rd Mon May 18  6:30pm-8pm
8850 3rd Mon Jun 15  6:30pm-8pm
8851 3rd Mon Jul 20  6:30pm-8pm
8852 3rd Mon Aug 17  6:30pm-8pm

FISHING DERBY
Sat, April 25 • 9am • Free!
Course #8465. All ages welcome! Reel in the fun at the Town of Apex’s annual Fishing Derby! Prizes will be awarded for most fish caught and biggest fish caught. Casting competition prizes will be awarded for the longest cast. Wheelchairs are welcome. No experience necessary. Loaner rods and reels will be available or bring your own. Bait will be provided. Advance registration required. Support staff are welcome. Limited to 30 participants.
Location: Seagroves Park Pond (201 Parkfield Drive, Apex)

THE SOCIAL SCENE!
These programs are specifically designed for participants with developmental and/or physical disabilities. Support staff are welcome. Limited to 15 participants.
Ages: 14+ yrs.
Instructor: APRCR Staff
Fee: $5 (each date)
Mystery Night
Join your friends for an evening of socializing and fun!
8856  Mon May 4  6:30pm-8pm

Game Night and Ice Cream Sundaes
Join your friends for an evening of socializing and entertainment! We will playing the Wii, other fun games and make ice cream sundaes.
8854  Mon Jun 1  6:30pm-8pm

Let’s Move!
Join your friends for an evening of sports, games and active fun!
8857  Mon Jul 6  6:30pm-8:30pm

Karaoke and Pizza Night
Join your friends for an evening of singing, pizza and socializing!
8855  Mon Aug 3  6:30pm-8:30pm

2020 May-August Program Guide • www.apexnc.org
**HALLE CULTURAL ARTS CENTER PROGRAM NOTES**

- See How to Register for Programs, pg. 2. Registration is held at the Community Center or at Halle Cultural Arts Center.
- Programs are held at The Halle Cultural Arts Center of Apex, 237 N. Salem St. in Historic Downtown Apex.
- Classes will be cancelled if class minimums are not met.
- Please mark your calendars. You will be notified by phone only if a class is cancelled.
- Participant must be the age indicated before the first day of class, no exceptions.
- Parent/guardian/unregistered siblings are not permitted to remain in class unless otherwise noted.
- No food allowed during class unless otherwise noted.
- For inclement weather cancellation information please visit www.apexnc.org/weather. Cancelled classes will be rescheduled as quickly as possible.
- For additional Halle Cultural Arts Center program information visit www.TheHalle.org or call 919-249-1120.

**HALLE CULTURAL ARTS CENTER AVAILABLE TO RENT!**

Have your next meeting, seminar, reception, fundraiser, wedding ceremony, dance, reunion, or other celebration at the elegant Halle Cultural Arts Center! Rental agreements, facility brochure and floor plans are available at www.TheHalle.org.

To tour the center or discuss available dates and rental fees, please call Taylor at 919-249-1120.

**CONNECT WITH US!**

Please visit The Halle Cultural Arts Center website often as we are always adding new programs and performances! You can also stay updated on our Facebook and Instagram accounts. If you would like to be included on our mailing list, please let us know!

**APEX MUSIC AND MOVIES IN THE PARK SERIES ~ THIS SUMMER!**

Performances include brass, country, big band, rock and roll, beach, bluegrass, reggae and jazz and start at 7pm. The free movies are a great way to spend a balmy evening, too. Outdoor Movies and Concerts are held at the Nature Park Amphitheatre (2600 Evans Rd.) and will offer family-friendly features and performances. Films begin at dusk. So load up the kids, the lawn chairs, blankets, a picnic dinner and show up early for good seats. Call 919-249-1120 or visit www.apexnc.org/notifyme to sign up for our weekly email. Visit www.TheHalle.org or our Facebook page often for up-to-date information!
VISUAL ARTS EXHIBITS

Jenny Eggleston / Egg in Nest Art Studio
May 1 - May 22, 2020 • Free Reception: Fri, May 1, 6pm-8pm

*A Field of Teacups*
Challenged with incorporating the same five elements into a single work of art—a flower, a tree, a bird, a mountain, and a teacup—Jenny Eggleston and her students at Egg in Nest Art Studio, confront the tenets of Surrealism. By using a range of techniques the students create unexpected juxtapositions the viewer must navigate. As you move from room to room, the possible justifications for why the teacup appears in the landscapes composed of otherwise familiar elements, it becomes apparent that these justifications are as varied as the artists themselves!

Latino Arts Collective
May 29 - Jun 26, 2020 • Free Reception: Fri, May 29, 6pm-8pm

The Latino Arts Collective Exhibit, occurring in tandem with Apex’s 11th annual Latino Arts Festival, features local Latino artists working in a variety of mediums and styles. Come kick off the Latino Festival season in Apex with us!

Pierce Boshelly & Leslie Bailey
Jul 3 - Jul 31, 2020 • Free Reception: Fri, Jul 3, 6pm-8pm

**Pierce Boshelly:** Over the years Pierce has developed several different styles of painting and sculpture. After spending some time painting in Paris and sculpting marble in the studios near Carrara, Italy, he returned to North Carolina. He has exhibited around the world from New York City to Italy. He also composes music, which is to be listened to alongside his paintings.

**Leslie Bailey:** An abstract-mixed-media artist, currently living in Pinehurst, NC. After a career of over thirty years in teaching elementary art, she is retired or “rewired”, and is now a full time artist. The act of creating with a particular chosen media in her art leads to an intuitive, creative exploration of those materials, focusing on color, texture, shapes and lines. The artistic decision-making in the subsequent layers explores process and product, sometimes by design and sometimes by surprise. Discovering these creative explorations and surprises is why she feels it necessary to create art.

Exhibit TBD!
Aug 1 - Sep 11, 2020 • Free Reception: Fri, Aug 7, 6pm-8pm

CONCERTS AND SHOWS

**PEAK CITY SINGERS PRESENTS**
**VARIETY SHOW: ENTERTAINMENT FOR EVERYONE!**
Sat, Apr 25 and Sun, Apr 26 • 3pm
Free! This show will feature a wide variety of music which will appeal to all generations. Tickets are required and available at http://www.thehalle.org/1131
**FAMILY DANCE**

Fri, May 8 • 7pm-8:30pm
Traditional dance caller, Connie Carringer, will teach fun dances for the whole family: Squares, Circles, Appalachian, and more! Live, old-time, string band music by local musicians. No experience or partner required. **Tickets: $2/person or $5/family at the door.**

**PIZZA AND A MOVIE**

Thu • May 21, Jun 18, Jul 16, Aug 20 • 6pm-8pm
*Family Movie Night at the Halle!*
All ages welcome. Spend a fun-filled evening viewing a film in our cozy theatre. We set up tables and ONLY 80 chairs for this special event. Enjoy a slice or two of pizza while watching the movie. Additionally, bottled water, fruit and dessert is included while you sit back and enjoy the show. Please call 919-249-1120 for movie title or sign up to be on our email list at halleculturalartscenter@apexnc.org. Children under 12 must be accompanied by an adult. **Tickets: $5/person, $2/child under 2, and we throw in the movie for free!**
Doors open at 5:30 pm, movie begins at 6pm.

**FIRST WEDNESDAY FLICKS**

1st Wed • May 6, Jun 3, Jul 1, Aug 5 • 7:30pm
FREE
Join us at the Halle Cultural Arts Center on the first Wednesday night of each month for screenings of recently released movies geared towards teens and adults. Call 919-249-1120 one week prior to event for movie title or sign up to be on our email list at halleculturalartscenter@apexnc.org.

**FREE TUESDAY MORNING MOVIES IN MAY**

May 5 & May 19 • 10am
FREE
Grab the kids, snacks, blankets and visit us for your free, favorite movies on the big screen! Doors open at 9:30am and the show begins at 10am! Call 919-249-1120 one week prior to event for movie title or sign up to be on our email list at halleculturalartscenter@apexnc.org.

**SUPER FUN SATURDAYS**

May 16, Jul 18, Aug 1, Aug 15 • 10:30am-12:30pm
FREE
Ages 4-12. Join us for “Super” fun with free arts & crafts for children. No registration required. Parents or adults must accompany children. **Normal schedule will return in the Fall**

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**11th ANNUAL APEX LATINO ARTS AND CULINARY FESTIVAL**

Sat • Jun 6, 2020
3pm-10pm
**Halle Cultural Arts Center and Salem Street**
3-6 pm: Family Arts and Crafts and Latino Artist Collective Exhibit at the Halle Cultural Arts Center – **FREE**
6-10 pm: Sample tasty authentic food and dessert delights from over 12 different Latino Countries along Salem St. Plus enjoy arts and crafts for families, the Latino Collective Exhibit at the Halle, an Artisan Craft Bazaar and spectacular music and dancing at the Apex Depot.
VISUAL ARTS SUMMER CAMPS

MULTI-ARTS CAMP
Designed as an engaging sampler, students will be placed into small groups according to age and attend daily workshops in art, drama, dance and singing. Please bring lunch, snack and a water bottle. There will be a presentation for family and friends on Friday, July 24 at 2pm. No previous experience necessary. Please email Kathleen@raleighlittletheatre.org if you would like to be placed in a group with a friend. Limited to 40 participants.

Ages: 8-12 yrs.
Instructor: Claudia Finelle, Raleigh Little Theatre and Annette Stowe
Fees: $200*(R) / $215*(NR) (5 classes)
*$20 supply fee due to instructor at first class (in addition to class fee)
8701 Mon-Fri Jul 20 - Jul 24 9:30am-3:30pm

ARTAPALOOZA CAMP
Artapalooza is a celebration of color, textures, exploration and art. Engaging, creative projects, using all kinds of materials and techniques, from acrylic paints and watercolors to origami, magic clay, Gelli printing and more, will leave you feeling like you never want this fun camp to end. No experience necessary. Please bring a water bottle and a snack. Limited to 16 participants.
Ages: 5-13 yrs.
Instructor: Claudia Finelle
Fees: $120*(R) / $135*(NR) (4-5 classes)
*$20 supply fee due to instructor at first class (in addition to class fee)
8735 Mon-Fri Jul 6 - Jul 10 1:30pm-4:30pm
8736 Mon-Fri Jul 13 - Jul 17 1:30pm-4:30pm
8737 Mon-Fri Jul 20 - Jul 24 1:30pm-4:30pm
8740 Mon-Fri Aug 3 - Aug 7 1:30pm-4:30pm

CREATURE FEATURE CAMP
Let's make art inspired by our beastie besties. Learn to draw, paint or sculpt your favorite animals, real and make believe. Feet, fangs, wings and tails of creatures big and small, cute and scary, creepy, crawly, scaly or furry, we'll draw them all! No experience necessary. Please bring a water bottle and a snack. Limited to 16 participants.
Ages: 5-13 yrs.
Instructor: Claudia Finelle
Fees: $120*(R) / $135*(NR) (5 classes)
*$20 supply fee due to instructor at first class (in addition to class fee)
8738 Mon-Thu Jun 15 - Jun 18 1:30pm-5:15pm
8739 Mon-Fri Jul 27 - Jul 31 9:30am-12:30pm
8740 Mon-Fri Aug 17 - Aug 21 1:30pm-4:30pm

FASHION ILLUSTRATION CAMP
Amber and Chloe, two sister fashionistas, are teaming up to show you how to render cool fashion styles, use croquis, draw flats and make fashion inspired projects to celebrate the fashionista in you! Lots of creative glamorous fun! No experience necessary. Please bring a water bottle and a snack. Limited to 16 participants.
Ages: 8-14 yrs.
Instructor: Chloe and Amber
Fees: $120*(R) / $135*(NR) (5 classes)
*$20 supply fee due to instructor at first class (in addition to class fee)
8744 Mon-Fri Aug 3 - Aug 7 9:30am-12:30pm

ART AROUND THE WORLD IN 4 OR 5 DAYS!!
Join us in an artistic adventure as we grab our passports (yes, we'll have passports and a tiny little suitcase) and take off to explore the globe thorough our art. We'll “travel” to all seven continents creating beautiful art pieces as we explore the world. No experience necessary. Please bring a water bottle and a snack. Limited to 16 participants.
Ages: 5-13 yrs.
Instructor: Claudia Finelle
Fees: $120*(R) / $135*(NR) (4-5 classes)
*$20 supply fee due to instructor at first class (in addition to class fee)
8741 Mon-Thu Jun 29 - Jul 2 9:30am-1:15pm
8742 Mon-Fri Aug 3 - Aug 7 1:30pm-4:30pm

FAMOUS ARTISTS CAMP
So many artists, so little time! We'll create dynamic art inspired by great oldies like Matisse, Picasso, Kandinsky and Van Gogh, as well as newer masters like Andy Warhol, Basquiat, Georgia O'Keeffe and Wayne Theibaud. Experiment with colors and textures galore! This will surely be an exciting camp to all famous artists in the making! No experience necessary. Please bring a water bottle and a snack. Limited to 16 participants.
Ages: 5-13 yrs.
Instructor: Claudia Finelle
Fees: $120*(R) / $135*(NR) (4-5 classes)
*$20 supply fee due to instructor at first class (in addition to class fee)
8745 Mon-Thu Jun 29 - Jul 2 1:30pm-5:15pm
8746 Mon-Fri Jul 13 - Jul 17 1:30pm-4:30pm
8747 Mon-Fri Aug 10 - Aug 14 1:30pm-4:30pm

ANIME (MANGA) AND COMICS ILLUSTRATION CAMP
This cool camp is for those who are into drawing manga, cartoons, superheroes and comic books. Pick up pointers and new techniques using traditional media, illustration markers, watercolors, prisma color pencils, liner pens and ink, and make gorgeous art. Draw your favorite characters or your own characters. No experience necessary. Please bring a water bottle and a snack. Limited to 16 participants.
Ages: 9-16 yrs.
Instructor: Claudia Finelle
Fees: $120*(R) / $135*(NR) (5 classes)
*$20 supply fee due to instructor at first class (in addition to class fee)
8734 Mon-Fri Jun 15 - Jun 19 9:30am-12:30pm
8735 Mon-Fri Jul 6 - Jul 10 1:30pm-4:30pm
8736 Mon-Fri Jul 27 - Jul 31 1:30pm-4:30pm
8737 Mon-Fri Aug 17 - Aug 21 9:30am-12:30pm
**HALLE CULTURAL ARTS CENTER PROGRAMS**

**VISUAL ARTS SUMMER CAMPS cont.**

**FANTASY CAMP**  
Welcome to the Artistic Fantasy world of fairies, mermaids, dragons, unicorns and rainbows, where colors, glitter and sparkle abound. Enter a place where Ballerinas and kittycorns (yes, they are a thing) mingle. We'll finish the week by having a tea party! Parents will be invited to watch a brief but delightful fantasy filled performance on the last day. No experience necessary. Please bring a water bottle and a snack. Limited to 16 participants.  
**Ages:** 5-13 yrs.  
**Instructor:** Lori Vadasz  
**Fees:** $120*(R) / $135*(NR) (5 classes)  
*$20 supply fee due to instructor at first class (in addition to class fee)  
8748 Mon-Fri Jun 22 - Jun 26 9:30am-12:30pm  
8749 Mon-Fri Jul 13 - Jul 17 9:30am-12:30pm

**RECYCLED ART CAMP**  
One's person's trash... we'll turn into beautiful treasures! Using creative art techniques, embellishments and our imagination, we'll turn cereal boxes into art journals, plastic bottles into cute cat planters, cardboard into sculpture. Paint, Gelli print, decorate and transform, repurpose and reuse, these objects into works of art! No experience necessary. Please bring a water bottle and a snack. Limited to 16 participants.  
**Ages:** 5-13 yrs.  
**Instructor:** Dawn McCormick-Dahm  
**Fees:** $120*(R) / $135*(NR) (5 classes)  
*$20 supply fee due to instructor at first class (in addition to class fee)  
8751 Mon-Fri Aug 10 - Aug 14 9:30am-12:30pm

**CREATE A PLAY CAMP**  
Using source material from books and their own imagination, students create, explore and perform an original play based on specific children's literature. Please bring a healthy snack and a water bottle. There will be a presentation for family and friends on Friday at 12 noon. No experience necessary. Limited to 14 participants.  
**Ages:** 6-8 yrs.  
**Instructor:** Raleigh Little Theatre  
**Fees:** $145(R) / $160(NR) (5 classes)  
The Day the Crayons Quit  
8694 Mon-Fri Jun 22 - Jun 26 9:30am-12:30pm  
The Lorax  
8695 Mon-Fri Jul 27 - Jul 31 9:30am-12:30pm

**SING IT OUT CAMP**  
“Singing and Acting and Dancing, oh my!” Students will learn the skills needed to bring the mini-musical At the Bandstand to life on the stage. Please bring lunch and a water bottle. There will be a Presentation for family and friends on Friday at 12:45 pm. No previous experience necessary. Limited to 14 participants.  
**Ages:** 9-13 yrs.  
**Instructor:** Annette Stowe and Raleigh Little Theatre  
**Fees:** $165(R) / $180(NR) (5 classes)  
8696 Mon-Fri Jul 6 - Jul 10 9:30am-1:30pm

**SCRIPTWORKS CAMP**  
Students develop essential acting skills including characterization, vocal projection, blocking, working collaboratively and memorizing lines while working on scenes from The Wizard of Oz! Please bring a healthy snack, lunch and a water bottle. There will be a Presentation for family and friends on Friday at 3 pm. No previous experience necessary. Limited to 16 participants.  
**Ages:** 9-12 yrs.  
**Instructor:** Raleigh Little Theatre  
**Fees:** $230(R) / $245(NR) (5 classes)  
8697 Mon-Fri Jul 13 - Jul 17 9:30am-4pm

**MUSICAL THEATRE REVUE CAMP**  
Students participate in a musical theatre experience in which they develop musical theatre skills: music, choreography and devising original scenes to tell a story with their songs. There will be a presentation for family and friends on Friday at 3pm. No previous experience necessary. Please bring lunch, snack and water bottle. Limited to 16 participants.  
**Ages:** 11-14 yrs.  
**Instructor:** Raleigh Little Theatre  
**Fees:** $230(R) / $245(NR) (5 classes)  
8700 Mon-Fri Aug 3 - Aug 7 9:30am-4pm

**ORIGINAL SCRIPTWORKS CAMP**  
Students will develop skills in performance, storytelling, improvisation and character development as they collaborate to create and perform original short plays based on books by Chris Van Allsburg. Please bring a healthy snack, lunch and a water bottle. There will be a Presentation for family and friends on Friday at 3pm. No previous experience necessary. Limited to 16 participants.  
**Ages:** 11-14 yrs.  
**Instructor:** Raleigh Little Theatre  
**Fees:** $230(R) / $245(NR) (5 classes)  
8698 Mon-Fri Aug 10 - Aug 14 9:30am-4pm

**THEATER AND MUSIC SUMMER CAMPS**

**FANTASY CAMP**
Welcome to the Artistic Fantasy world of fairies, mermaids, dragons, unicorns and rainbows, where colors, glitter and sparkle abound. Enter a place where Ballerinas and kittycorns (yes, they are a thing) mingle. We’ll finish the week by having a tea party! Parents will be invited to watch a brief but delightful fantasy filled performance on the last day. No experience necessary. Please bring a water bottle and a snack. Limited to 16 participants.  
**Ages:** 5-13 yrs.  
**Instructor:** Lori Vadasz  
**Fees:** $120*(R) / $135*(NR) (5 classes)  
*$20 supply fee due to instructor at first class (in addition to class fee)  
8748 Mon-Fri Jun 22 - Jun 26 9:30am-12:30pm  
8749 Mon-Fri Jul 13 - Jul 17 9:30am-12:30pm

**RECYCLED ART CAMP**
One’s person’s trash... we’ll turn into beautiful treasures! Using creative art techniques, embellishments and our imagination, we’ll turn cereal boxes into art journals, plastic bottles into cute cat planters, cardboard into sculpture. Paint, Gelli print, decorate and transform, repurpose and reuse, these objects into works of art! No experience necessary. Please bring a water bottle and a snack. Limited to 16 participants.  
**Ages:** 5-13 yrs.  
**Instructor:** Dawn McCormick-Dahm  
**Fees:** $120*(R) / $135*(NR) (5 classes)  
*$20 supply fee due to instructor at first class (in addition to class fee)  
8751 Mon-Fri Aug 10 - Aug 14 9:30am-12:30pm

**CREATE A PLAY CAMP**
Using source material from books and their own imagination, students create, explore and perform an original play based on specific children's literature. Please bring a healthy snack and a water bottle. There will be a presentation for family and friends on Friday at 12 noon. No experience necessary. Limited to 14 participants.  
**Ages:** 6-8 yrs.  
**Instructor:** Raleigh Little Theatre  
**Fees:** $145(R) / $160(NR) (5 classes)  
The Day the Crayons Quit  
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“Singing and Acting and Dancing, oh my!” Students will learn the skills needed to bring the mini-musical At the Bandstand to life on the stage. Please bring lunch and a water bottle. There will be a Presentation for family and friends on Friday at 12:45 pm. No previous experience necessary. Limited to 14 participants.  
**Ages:** 9-13 yrs.  
**Instructor:** Annette Stowe and Raleigh Little Theatre  
**Fees:** $165(R) / $180(NR) (5 classes)  
8696 Mon-Fri Jul 6 - Jul 10 9:30am-1:30pm

**SCRIPTWORKS CAMP**
Students develop essential acting skills including characterization, vocal projection, blocking, working collaboratively and memorizing lines while working on scenes from The Wizard of Oz! Please bring a healthy snack, lunch and a water bottle. There will be a Presentation for family and friends on Friday at 3 pm. No previous experience necessary. Limited to 16 participants.  
**Ages:** 9-12 yrs.  
**Instructor:** Raleigh Little Theatre  
**Fees:** $230(R) / $245(NR) (5 classes)  
8697 Mon-Fri Jul 13 - Jul 17 9:30am-4pm

**MUSICAL THEATRE REVUE CAMP**
Students participate in a musical theatre experience in which they develop musical theatre skills: music, choreography and devising original scenes to tell a story with their songs. There will be a presentation for family and friends on Friday at 3pm. No previous experience necessary. Please bring lunch, snack and water bottle. Limited to 16 participants.  
**Ages:** 11-14 yrs.  
**Instructor:** Raleigh Little Theatre  
**Fees:** $230(R) / $245(NR) (5 classes)  
8700 Mon-Fri Aug 3 - Aug 7 9:30am-4pm

**ORIGINAL SCRIPTWORKS CAMP**
Students will develop skills in performance, storytelling, improvisation and character development as they collaborate to create and perform original short plays based on books by Chris Van Allsburg. Please bring a healthy snack, lunch and a water bottle. There will be a Presentation for family and friends on Friday at 3pm. No previous experience necessary. Limited to 16 participants.  
**Ages:** 11-14 yrs.  
**Instructor:** Raleigh Little Theatre  
**Fees:** $230(R) / $245(NR) (5 classes)  
8698 Mon-Fri Aug 10 - Aug 14 9:30am-4pm
HALLE CULTURAL ARTS CENTER PROGRAMS

SNAPLOGY SUMMER CAMPS

SNAPLOGY LEGO ROBOTICS CAMP
Learn engineering strategies and building techniques to use robots constructed from LEGO bricks to complete missions using programming. Take your building to the next level. Build different projects each day and in each camp! Learning is enhanced through the use of tablet computers in this camp! Please bring a water bottle and snack.
Ages: 6-14 yrs.
Fees: $150(R) / $165(NR) (5 classes)
8702 Mon-Fri May 18 - May 22 9:30am-12:30pm
8703 Mon-Fri Jun 22 - Jun 26 9:30am-12:30pm
8704 Mon-Fri Jul 27 - Jul 31 9:30am-12:30pm

SNAPLOGY MINI-Figure MANIA CAMP
During this camp we will let you play with our secret stash of mini-figures...from movie characters, to sea creatures, to SpongeBob! Join us as we shrink ourselves to mini-figure size and create our own mini-figure worlds. Welcome to mini-figure mania! Please bring a snack and a water bottle.
Ages: 5-14 yrs.
Fees: $120(R) / $135(NR) (5 classes)
8715 Mon-Fri May 18 - May 22 1pm-4pm
8716 Mon-Fri Jul 13 - Jul 17 1pm-4pm
8717 Mon-Fri Aug 3 - Aug 7 1pm-4pm

SNAPLOGY NINJAS CAMP
Senshi Wu needs you! Design a new dojo for Snapology made from LEGO bricks and train your men to battle with the best. Go through ninja training and earn your black belt, Snapology-style. Get ready to have fun and become a Master Ninja. Bring a snack and a bottle of water.
Ages: 5-14 yrs.
Fees: $120(R) / $135(NR) (5 classes)
8712 Mon-Fri Jun 8 - Jun 12 1pm-4pm
8713 Mon-Fri Jun 22 - Jun 26 1pm-4pm
8714 Mon-Fri Jul 27 - Jul 31 1pm-4pm

SNAPLOGY STAR WARS CAMP
Join us as we bring the world of Star Wars to life with your master builder skills and our intergalactic-structured curriculum. May the force be with you as the most competent Padawan’s rise through the Jedi ranks! Bring a snack and bottle of water.
Ages: 5-14 yrs.
Fees: $120(R) / $135(NR) (5 classes)
8710 Mon-Fri Jul 20 - Jul 24 1pm-4pm
8711 Mon-Fri Aug 10 - Aug 14 1pm-4pm

SNAPLOGY VIDEO GAME DESIGN CAMP
Create your own video game in this awesome Snapology program. We’ll teach you how to design your very own ONLINE GAME! Learning is enhanced through the use of laptop computers (provided) in this camp! Please bring a snack and water bottle.
Ages: 8-14 yrs.
Fees: $150(R) / $165(NR) (5 classes)
8707 Mon-Fri Jun 8 - Jun 12 9:30am-12:30pm
8705 Mon-Fri Jul 13 - Jul 17 9:30am-12:30pm
8706 Mon-Fri Aug 3 - Aug 7 9:30am-12:30pm

SNAPLOGY SUMMER CAMPS

Instructor: Snapology
All sessions will be held at the Halle Cultural Arts Center.
No experience is necessary. These programs are designed for children of all building abilities to build together.
Each session is limited to 20 participants.

SNAPLOGY VIDEO GAME DESIGN CAMP
Create your own video game in this awesome Snapology program. We’ll teach you how to design your very own ONLINE GAME! Learning is enhanced through the use of laptop computers in this camp! Please bring a snack and water bottle.
Ages: 8-14 yrs.
Fees: $150(R) / $165(NR) (5 classes)
8707 Mon-Fri Jun 8 - Jun 12 9:30am-12:30pm
8705 Mon-Fri Jul 13 - Jul 17 9:30am-12:30pm
8706 Mon-Fri Aug 3 - Aug 7 9:30am-12:30pm

SNAPLOGY SUMMER CAMPS
KINDERMUSIK

KINDERMUSIK - LAUGH & LEARN FAMILY
This class provides a little bit of everything for children of varying developmental levels. The perfect fit for families with two or more pre-school aged children but open to all! Each week your child will love singing, dancing and playing instruments with you and new friends and you’ll love helping practice a wide variety of abilities such as gross and fine motor skills, turn taking, social skills, story time and active listening. In class, we’ll also share tips and take-home ideas. Limited to 12 children. The Kindermusik take-home kit includes an activity booklet, CD and age-appropriate musical instrument or manipulative for each enrolled child and is included in the registration cost. For more information call 919-449-8586 or email MusicInMeNC@gmail.com.
Ages: 0-5 yrs. (and caregiver)
Instructor: Shelley Buisson
Fees: $65(R) / $80(NR) (4 classes)

Session 1: Carnival of Music
We’re all natural music makers! We hum while we play and work, sing along with music in the car, and tap our fingers and feet to the beat. In this carnival-themed unit, we’ll become more comfortable with instruments and our ability to play them, and explore timbre, steady beat, and ensemble experiences.

8718 Wed Jun 10 - Jul 1 10:30am-11:15pm

Session 2: Make Believe
Let’s climb aboard the S.S. Pretend and set sail for Royal Island! We’ll dance the Pirate’s Treasure Dance, visit the castle of a king and queen, listen to a story about a silly pirate, and build a pretend bonfire on the beach. Best of all, we’ll exercise our imaginations and express our creativity in countless ways.

8719 Wed Jul 22 - Aug 12 10:30am-11:15pm

Fees Notified!
Sign up for email updates about programs, greenways, and everything Parks and Rec!
Visit www.apexnc.org/notifyme
For HCAC info, visit www.TheHalle.org

ADULT PROGRAMS

ZUMBA FOR FITNESS
Zumba is a dance exercise class with great benefits such as weight loss, total body toning, improved coordination, heart rate booster, and produces an overall happy, positive outlook. Participants should bring a water bottle & towel and wear work out gear and tennis shoes. No experience necessary. All are welcome. Limited to 50 participants.
Ages: 18+ yrs.
Instructor: Maria Luoni
Fees: $125(R) / $140(NR) (15 classes)
8860 Tue & Thu May 5 - Jun 30 6:15pm-7:15pm
8878 Tue & Thu Jul 7 - Aug 25 6:15pm-7:15pm

TAI CHI: MEDITATION IN MOVEMENT
Tai Chi is a low impact, slow-motion, meditation-based program that consists of flowing moves to help circulate energy. Tai Chi increases balance and flexibility and because it is also “meditation in motion,” harmonizes mind, body and soul. Participants will learn the first 10 Forms of Yang Style Tai Chi. No experience necessary. Wear comfortable clothing that allows for movement and comfortable shoes, preferably with low heels (thin soles). Limited to 12 students.
Ages: 18+ yrs.
Instructor: Elizabeth Warren
Fees: $49(R) / $64(NR) (9 classes)
8720 Tue May 5 - Jun 30 6:15pm-7pm
8720 Tue & Thu Jul 7 - Aug 25 6:15pm-7:15pm

SENIOR CLASSES

IMPROV ENSEMBLE
Need more creativity, spontaneity, laughter and fun in your life? Want to improve your one-on-one interactions by sharpening your listening skills? Then join us as we tackle improve games and learn to work as a team. No experience necessary. All are welcome. Limited to 50 participants.
Ages: 55+ yrs.
Instructor: Kathleen Rudolph
Fees: $12(R) / $22(NR) (4 classes)
8699 Thu May 7 - May 28 9:30am-10:45am
# APRCR Program Registration Form

**Mailing Address:** Apex Community Center, PO Box 250, Apex, NC 27502 (Make checks payable to: Town of Apex)

Please use this form to register for all Apex Community Center and Halle CAC programs. NOTE: There are different forms to register for athletics/sports leagues.

<table>
<thead>
<tr>
<th>Participant's First Name</th>
<th>Last Name</th>
<th>Gender</th>
<th>Date of Birth</th>
<th>Address</th>
<th>City</th>
<th>Zip</th>
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<table>
<thead>
<tr>
<th>Primary Phone</th>
<th>Home</th>
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<table>
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<tr>
<th>Primary Email</th>
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<p>| Emergency Contact |</p>
<table>
<thead>
<tr>
<th>(Other than Parent/Guardian)</th>
<th>Home</th>
<th>Work</th>
<th>Cell</th>
</tr>
</thead>
</table>

I would like the Apex Parks, Recreation and Cultural Resources to know the following information regarding this participant:

- **Medical Conditions**
- **Allergies**
- **Special Needs**
- **None/Not Applicable**

If yes to any of the above, please explain in detail:

**Does the participant need a modification(s) to participate?**

- Yes [ ]
- No [ ]

If yes, someone from inclusion services will follow-up with you regarding your request. The Apex Parks, Recreation and Cultural Resources welcome the participation of individuals of all abilities. In compliance with the ADA, we will provide reasonable modifications to facilitate participation in our program. To ensure that reasonable modifications are in place, modification requests should be received at least two weeks prior to the start date of the program. For more information, please contact Allie Prelaske at 919-249-3507.

## For Participants under age 18, please provide additional contact information

<table>
<thead>
<tr>
<th>Primary Parent/Guardian Name</th>
<th>Date of Birth</th>
<th>Address</th>
<th>City</th>
<th>Zip</th>
</tr>
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<table>
<thead>
<tr>
<th>Primary Parent/Guardian Phone</th>
<th>Same as above</th>
<th>Other</th>
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<tr>
<th>Primary Parent/Guardian Email</th>
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<th>Other</th>
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<table>
<thead>
<tr>
<th>Secondary Parent/Guardian Name</th>
<th>Date of Birth</th>
<th>Address</th>
<th>City</th>
<th>Zip</th>
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<th>Secondary Parent/Guardian Phone</th>
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<tr>
<th>Secondary Parent/Guardian Email</th>
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<tr>
<th>Course Code</th>
<th>Course/Program Name</th>
<th>Fee</th>
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</thead>
</table>

### Photo/Video Policy

I hereby grant the Town of Apex permission to use my likeness without individual identifying information in a photograph or video in any and all of its publications, website, social media and video programming, without payment or any other consideration. I hereby irrevocably authorize the Town of Apex to edit, alter, copy, exhibit, publish or distribute all submitted photos, videos, or other artwork for purposes of publicizing the town’s programs and facilities, or for any other lawful purpose. In addition, I waive the right to inspect or approve the finished product, including written or electronic copy, wherein my likeness appears. Additionally, I waive any right to royalties or other compensation arising or related to the use of the photograph or video. I hereby hold harmless and release and forever discharge the Town of Apex from all claims, demands and causes of action which I, my heirs, representatives, executors, administrators or any other persons acting on my behalf, or on behalf of my estate, have or may have by reason of this authorization.

### Statement of Waiver

I, for myself or as parent or guardian, hereby assume all the risks and hazards incidental to the conduct of the activities, including but not limited to, potential exposure to COVID-19 or other airborne illnesses. I release, absolve, and indemnify the Town of Apex, employees of the Town, volunteers, contractors and/or sponsors from all risks and hazards associated with the activities and in the event of injury, do expressly waive all claims against them. I understand that no insurance coverage is provided by the Town of Apex Parks, Recreation and Cultural Resources Department. I further give permission for proper emergency care to be rendered to myself or child should I not be available or able to give such permission.

As part of this approval, I acknowledge I may have the opportunity to review the premises, equipment and personnel qualifications to be used in conducting the activity. I also have the opportunity to discuss with program organizers potential hazards and risks that may be associated with the activity and take responsibility for doing so. Failure to exercise this option indicates my approval and acceptance. I understand the Town of Apex does not provide transportation to or from activities scheduled by the Apex Parks, Recreation and Cultural Resources Department.

By signing below, you are agreeing to the Town of Apex's Statement of Waiver and acknowledging that you have read the Town of Apex's Photo/Video policy.

If you wish to opt out of the Photo/Video Policy, you must email peakconnect@apexnc.org including the participant's name and which program(s) they are registered for.

| Participant's Signature (Parent/Guardian) | Date | |

## For Department Use Only

<table>
<thead>
<tr>
<th>Total $</th>
<th>Res</th>
<th>Non-Res</th>
<th>Receipt #</th>
<th>DATE PAID:</th>
<th>Staff Initials</th>
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Refund Policy

Full Refunds—Registration fees are 100% refundable when programs and events are canceled or adjusted by the Apex Parks, Recreation, and Cultural Resources Department. The Director of Parks, Recreation, and Cultural Resources shall have the authority to make decisions on all requests not specifically covered herein.

Withdrawals/Transfers:

1. Withdrawal 10 Calendar days or more in advance. A participant requesting to withdraw from a class must provide a written request at least 10 calendar days in advance of the scheduled start date of the program. The participant will receive the full refund of fees minus a $5.00 processing fee.

2. Withdrawal less than 10 Calendar days in advance. A participant requesting a refund in writing less than 10 calendar days prior to the scheduled start date of the program, will receive a 75% refund of the fees only if the participant can be replaced from the waiting list. If there is not a waiting list for the program or athletic league then no refund will be issued.

3. Withdrawal after First meeting of a program/First regular season game. A participant requesting to withdraw, on the day of or after the first meeting of any program, or the first regular season game of the affected league, will not be issued a refund.

4. Transfer Request. A participant requesting to transfer from one class date to another, within the same program and registration period, must do so in writing at least 10 calendar days or more prior to the scheduled start date of the program.

5. Adult Team Withdrawals. Refunds for adult athletic programs requiring “team” registration will be issued based on policies and procedures covering that particular program and are not subject to #1, 2, 3, and 4 above.

6. Youth Sports League Withdrawals. If there is a tryout for the athletic league, a full refund minus a $5.00 processing fee will be issued if a written request to withdraw is made prior to the tryout day for the league. If the written request is made after the tryout for the athletic league, a 75% refund will be issued only if the participant can be replaced from the waiting list.

7. Ticketed Events. All ticket sales are final. Refunds and withdrawals are not permitted.

8. No refunds will be issued when the amount is less than $6.00.

Medical and Scholastic Exceptions—

A full refund of all fees paid, minus a $5.00 processing fee, will be made for Athletic and Non-Athletic Programs only if:

1. Prior to the first meeting of a program or the first game of the regular season the participant requests a refund in writing including a written excuse from a licensed medical doctor indicating that the participant should not participate due to medical concerns or physical limitations.

2. Prior to the first meeting of a program or the first game of the regular season the participant requests a refund in writing including written verification that the participant has been included in either a Middle School, High School, or College program that prohibits participation in recreational programs. Written verification can include a letter from the team, coach, an official team roster from the school or other school document indicating the school policy which prohibits the registrant’s participation.

Senior Trips:

1. If a refund is requested, in writing, prior to the registration deadline, a full refund minus a $5.00 processing fee will be made.

2. If a refund is requested, in writing, prior to trip departure, a 75% refund will be issued only if the participant can be replaced from the waiting list. If there is not a waiting list for the program, then no refund will be issued.

3. If 48 hours prior to the trip departure, a written excuse from a licensed medical doctor is provided, indicating that the participant should not participate due to medical concerns or physical limitations, a partial refund will be issued after deducting expenses incurred by the Town of Apex/ Apex Parks, Recreation and Cultural Resources Department—such as prepaid admission fees, tickets, deposits, and a $5.00 processing fee.

4. For situations where non-refundable deposits and admission fees must be paid in advance by the Town, no refunds will be given to participants who cancel.

Medical Treatment Policies

1. Medication—Program participants with certain medical conditions may require daily treatment to ensure their health and well-being and therefore will need access to medication as required. When requested by a participant, the Town will store all medication in a secured location and make it available to participants in accordance with physician and/or parent/guardian instruction. Participants with severe allergies, such as allergies to bee stings, peanuts, tree nuts, foods, etc., may be at risk of a serious reaction in a Parks and Recreation setting due to contact with or ingestion of the allergen. Contact with these allergens can result in anaphylaxis, a severe allergic reaction with symptoms that may include swelling of the face, lips, and tongue, hives, vomiting, diarrhea, difficulty swallowing, shortness of breath, and difficulty breathing. The Town of Apex is concerned for the health and safety of all participants in any program offered by the Town’s Parks, Recreation and Cultural Resources Department. When a participant has alerted the Town to a medical condition or severe allergy, the following is required: 1) A signed copy of the Town’s “Authorization for Emergency or Medical Care for Participants with Medical Needs or Severe Allergies” and “Release and Waiver of Liability for Administration of Medication and/or Emergency Treatment of Participants. These documents can be found online at www.apcnc.org/medicalforms. 2) Parent(s)/guardian(s) shall provide all equipment, medications, and materials necessary for instructions provided in the Authorization Form. All medication must be properly labeled and current.

2. Emergency—In the event of an emergency in which the parent(s)/guardian(s) or listed emergency contacts cannot be reached, APR&CR will contact emergency medical personnel and pending their arrival, take those actions that are in the APR&CR’s judgement to be in the best interest of the individual participant.

Sunscreen and Insect Repellent Policy

Sunscreen and Insect Repellent (lotions and sprays) must be self-applied by the participant. We recommend that the participant apply sunscreen and/or repellent before attending the program. APR&CR Staff are not permitted to administer sunscreen or insect repellent.

Inclement Weather Policy

I understand that the program may not be available when the Town and its facilities are closed. Please call the Weather Hotline 919-249-3348 for the most updated information.

Inclusion Services

Apex Parks, Recreation and Cultural Resources welcomes the participation of individuals of all abilities. In compliance with the ADA, we will provide reasonable accommodations to facilitate participation in our programs. Reasonable accommodations are resources used to help allow a person with a disability to participate in any program. Resources may include, but are not limited to, auxiliary aids or services, adaptive equipment, additional staff training, and/or additional staff. Any accommodation that the Department considers cannot fundamentally alter a program. To ensure that reasonable accommodations are in place, accommodation requests should be received at least two weeks prior to the start date of the program. For more information, please contact Inclusion Services at 919-249-5507.

Behavior Management

As part of organizing, supervising and administering various programs and activities, is expected that those involved will exhibit the appropriate behavior to make the experience as beneficial and enjoyable as possible. Whenever possible, APRCR prefers to use behavior tools such as praise and positive reinforcement as effective methods of behavior management. We believe that when participants receive positive and understanding interactions, they can develop good self-concept, problem-solving abilities, and self-discipline. Our programs will create an environment that encourages positive choices through understanding the participant’s basic health needs. In the event that the use of praise and positive reinforcement do not accomplish the desired outcomes or in the event the behavior is such that more definitive action is needed, APRCR reserves the right to immediately disallow further participation in the program / activity when APRCR deems it to be in the best interest of the program and other participants.

Behavior Management Tools:

To encourage and support positive behavior in all programs and activities offered by the Apex Parks, Recreation and Cultural Resources Department, the following techniques will be used:

• Monitoring of the program environment

• Providing participants a positive program environment

• When required, redirection of the undesired behavior and encouragement of the participant to change their behavior by providing clear examples of how the behavior needs to change

Behavior Management Procedure:

1. Participant(s) will be given a quiet reprimand/verbal warning with clear instruction as to how behavior needs to change. Staff will document the discussion.

2. If inappropriate behavior persists, after verbal warning, the parent/guardian will be contacted by the Recreation Program Supervisor/Specialist in charge of the program and a First Written Behavior Incident report will be given to the parent/guardian outlining the incident and the action taken by staff.

3. If inappropriate behavior persists, a second Behavior Incident Report may be presented to the parent/guardian and/or the Recreation Program Supervisor/Specialist in charge of the program (or their designee in their absence) may contact the parent/guardian and request that the participant be picked up from the program. Depending on the circumstances, the Recreation Program Supervisor may also determine that a suspension from the program is necessary while the behavior incident reports are being reviewed. (No refunds or prorated fees will be given for the day the participant is asked to leave or is suspended).

4. If a behavior problem persists, a third Behavior Incident Report will be completed and the participant will be asked to leave the program. In such circumstances, the department may deny future registration for this or other programs. (No refunds will be given).

5. For severe offenses, such as but not limited to: fighting/ hitting, theft, vandalism, bullying in a program, possession of weapons or drugs, severe verbal threats, sexual misconduct, leaving the program/building without proper dismissal, or any other safety related behavior, the participant will be immediately suspended and/or dismissed from the program and a police report will be filed with the Apex Police Department.

I have read, understand and agree with all of the policies as stated in this document and I have discussed the expectations of behavior with my child. I understand the Town of Apex Parks, Recreation and Cultural Resources has the authority to revoke my child’s right to participate in APR&CR programs for behavior which is not in keeping with the mission of the APR&CR or for failing to follow the policies/procedures of APR&CR. My signature on the previous page indicates that I agree to adhere to all policies, procedures and rules of APR&CR.
SATURDAY, MAY 2
Join the Apex Festival Commission for a Peak of Good Living Celebration in Downtown Apex! There will be 5 blocks of arts, crafts, food trucks, live music, entertainment, kid's rides, and much more! If you are interested in being a vendor, sponsor or have questions, please visit the website at www.apexpeakfest.com

INTERNATIONAL DAY OF YOGA
FRIDAY, JUN 19, 6PM-7PM
FREE (R) / $15 (NR)
Course #8693. Ages 16+. Join us for Sundown Yoga to celebrate International Day of Yoga at the Apex Community Center. This is a beginner level yoga class. Relieve stress and end your day with a relaxing yoga class. Bring yoga mat, towel and water bottle. Pre-registration is required. Elaine Tyte instructs. Limited to 50 participants.

TOUCH-A-TRUCK
SUNDAY, MAY 17, 1PM-4PM (HORN FREE FROM 1PM-2PM)
Apex Community Park • 2200 Laura Duncan Rd
Get in the driver’s seat with this hands-on experience with vehicles of all kinds. We will have local representatives and their vehicles from emergency, construction, landscaping, military, transportation, and delivery backgrounds all in one place. Children will be allowed to touch, climb on, and ask questions about their favorite trucks and cars in a safe, supervised environment. Adult supervision is required. For those with sensitive ears or who do not respond well to loud noises, please come from 1-2pm.

JULY IS NATIONAL PARKS AND RECREATION MONTH!
Stay tuned for all the ways you can participate in National Parks and Recreation Month with us this July. Follow our Page on Facebook for updates @ApexParks or check the website at www.apexnc.org/parks

OLDE FASHIONED FOURTH OF JULY
SATURDAY, JUL 4, 9AM-1PM
Join us in Historic Downtown Apex as we celebrate America’s Birthday. Salem Street will be abuzz with an array of exciting family activities including giant inflatables, a rock climbing wall, carnival games, food vendors, and much more! At noon, children 12 and under may join Uncle Sam’s Parade of Wheels for a trip down Salem Street. Decorate your bike, wagon, tricycle, or other non-motorized vehicle in patriotic colors that celebrate our independence. HELMETS ARE REQUIRED for the Parade of Wheels. Parade assembly starts promptly at the corner of Salem and Chatham at 11:45am. The festivities end with the Apex Fire Department splash down for willing participants.

Interested in Fishing or Boating?
Pick up a fishing permit or vessel permit at the Apex Community Center. Call 919-249-3402 for more information or visit www.apexnc.org/parks
Pleasant Park

The Town Council recently approved the initial construction contract for Pleasant Park. Initial construction will include site grading, utilities, and segmented walls. When completed, the project will include a mixture of active and passive recreation opportunities for all ages and abilities. The park will include sports fields and courts, a cross country course, a 1.5 acre Enchanted Forest amenity area with splash pad, shelters and more. J.M. Thompson Construction Co. will be the contractor for the project with site work scheduled to begin in February. The project is primarily being funded by the 2017 Park Bond and a grant from the Wake County Hospitality Tax program.

Community Center Addition / Senior Center

Initial site work has begun on the Town’s first Senior Center and the expansion of the Apex Community Center. Located on the Town Hall Campus, this project will add approximately 28,000 square feet to the existing Community Center. When complete, this facility will primarily be used to expand programming for seniors and those with special needs. In addition, the facility will be available to expand programming for all ages and offer much needed rental space for community use. Barnhill Construction Co. will be the contractor for the project with significant construction operations set to begin in February. The project is primarily being funded by the 2017 Park Bond.

Beaver Creek Greenway

Construction on the first section of the Beaver Creek Greenway, connecting Kelly Road Park to the Apex Nature Park, will begin spring 2020 with additional sections beginning construction later in the summer. When completed, the 1.5 mile section, consisting primarily of boardwalk, will link two significant parks and multiple neighborhoods within the corridor and create a continuous connection between the Apex Nature Park and Jaycee Park. The project is primarily being funded by the 2017 Park Bond, a $1,000,000 grant through NCDOT, and Wake County Open Space Grant funds.

Middle Creek Greenway

The Town Council recently approved a construction contract with Bridge Pointe Civil, LLC to start construction on 900 linear feet of the Middle Creek Greenway. This section will connect the Reunion Pointe and Miramonte neighborhoods with construction beginning in February 2020. Beginning in July 2020, additional phases will connect Pemberley, Sunset Hills, and Horton Park along the corridor with eventual connection to the Town of Holly Spring’s greenway system at Sunset Lake Road. Northward, the Middle Creek Greenway will eventually connect at SR 1001. The project is primarily being funded by the 2017 Park Bond and Wake County Open Space Grant Funds.

New Parks & Greenways Map

A new Parks and Greenways Map is now available! This map features the locations of public parks and greenways throughout Apex, shows regional context, lists the amenities at various parks, and answers many commonly asked questions about parks and greenways in Apex. The map is available online at www.apexnc.org and printed copies are available for you to pick up at the Apex Community Center.