

# ***2010 ADULT COED SOCCER LEAGUE RULES***



## **I. LEAGUE ADMINISTRATION**

- A. The league shall be administered by the Apex Parks, Recreation & Cultural Resources Department (APR&CR)**
- B. The Department reserves the right to make any changes that they deem necessary for the betterment of the league and its play.
- C. The Department will supply the game ball for each matches.

## **II. ELIGIBILITY**

- A. All players must be 25 years old or older by MARCH 5, 2010.
- B. All players must have signed the wavier/registration form and paid all fees before starting play.
- C. All players will be subjected to ID checks before they can play in their first game of the regular season. In addition, if the legality of a player is questioned the field supervisor can request to see a players picture ID during any game of the season or tournament. If the player does not have a picture ID on their person they can finish the game but must come into the Apex Community Center before the end of the next business day and present their identification to the program supervisor. Business days are considered from 8am until 5pm Monday through Friday excepting Town approved holidays. If the player does not present their ID within the allotted time he/she will be considered an **illegal player and will be, along with the head coach, suspended from participating in the adult soccer program for one calendar year and any games in which the player participated in will be considered forfeits.**

### III. TEAM CONTACTS

- A. Each team shall have an official contact person. The contact must make certain that all team members receive all information distributed by APR&CR and are aware of the league rules.
- B. The team contact is the spokesman for the team during the matches.
- C. It is the responsibility of the team contact to call APR&CR's Activity Information Hotline, 249-3348, to determine the status of matches in case of inclement weather.

### IV. PLAYING RULES

All rules will be governed by FIFA rules except for the local rules stated here.

#### A. Team/Roster :

- 1. All players must have signed the wavier/registration form and paid all fees before starting play.
- 2. Team rosters may not exceed 25 players.
- 3. Players may be added to your team at the Recreation Department's discretion up to **April 22<sup>nd</sup> at noon.**

#### B. Game Rules:

- 1. Teams must field eleven players (10 fielders and 1 keeper). Three these players must be women. A minimum of 9 players are allowed to start the match. *If a team has less than 3 women to start, they may begin with 2 women, but the team will play a person down. This means 10 players would be on the field, 2 women and 8 men.*
- 2. A team that cannot field at least 9 players (2 of them women) by game time will forfeit the game. **GAME TIME IS FORFEIT TIME.**
- 3. Teams may not hold out players or substitute players in order to play with less than 11.
- 4. Games will consist of two 24 minute halves with a 5 minute half.
- 5. *Free substitutions, with the permission of the referee, can be made throughout the game.*

**C. Ties:**

1. Any regular season game that ends in a tie will remain a tie.
2. Any regular season game that ends in a tie shall be counted as one half a game win in the league standings.
3. Any tournament game that ends in a tie will play 12 additional minutes. If at the end of this time the game is still tied, the teams will go to a penalty kick.
4. Penalty kick will be handled in the following manner : each team will shoot 5 penalty kicks until a winner is declared.

***Note: at least one of the 5 shooters from each team must be a female.***

**D. Slide Tackling:**

1. Slide tackling is not allowed. The penalty will be a yellow card for the first offence and a red card and a minimum of one game suspension for the second offence.
2. Every slide tackle shall result in a direct kick or a penalty kick if inside the penalty box.

**Note:** a slide tackle is generally an intentional slide within your horizontal body length of an opposing player. Whether the opposing player was touched in any way is irrelevant; a “clean” slide tackle shall still result in a card and free kick. The gender of the person slide tackled makes no difference, all slide tackles are illegal. Please remember that this rule is put into place for safety.

**V. OFFICIALS**

All referees shall be trained and approved by the Department. The referee will have authority over the game and his / her decisions over goals scored, rules, etc shall be final. Please respect their rights and work with them and the field supervisor to ensure a well played game.

1. There will be no less than two officials for any game.
2. Officials shall :
  - A. Make all decisions for infringement of the rules committed within or outside the boundary lines from the beginning of the game to the end.
  - B. See that all kickoffs, free kicks and penalty kicks are taken properly.
  - C. Act as timekeeper and allow the full or agreed time, adding any time lost through injury or other causes at their discretion.

- D. Will show a caution or yellow card to any player / coach guilty of misconduct or unsportsmanlike like conduct. In such a case the referee shall give the name of the offender to the field supervisor who in turn will give a report of the incident to the Department.
- E. Will send off the field of play and show a red card to any player / coach who is guilty of violent conduct, serious foul play, the use abusive language, or is guilty of a second cautionable offense.

**VI. SIDELINE AREA:**

- 1. The only personnel permitted on the sidelines are:  
players; head coach; 2 assistant coaches
- 2. All sidelines should be cleaned by the team that occupied them at the end of the game. This is the responsibility of the team captain / head coach.
- 3. No pets.

**VII. CONDUCT / SPORTSMANSHIP:**

- 1. No coach or player shall belittle or berate the players or coaches of another team. This type of action will NOT be tolerated..

First offense: Warning

Second offense: Ejection from game of offending person.

**PENALTY:** Any coach or player ejected from a game will be suspended for a minimum of 1 game up to a maximum of the remainder of the season. When a player is ejected for unsportsman like conduct that team will play a player short for the rest of the game. Any coach ejected from a game will be required to meet in person with APR&CR before coaching another game. The coach is responsible to set up this meeting himself.

- 2. Harassment of officials and field supervisors will not be tolerated. Questions should be asked by the **HEAD COACH ONLY** and done in an **ORDERLY HUMANE** fashion about rule interpretations only. Judgment calls are not to be argued. Failure to comply with this rule will result in immediate ejection of the guilty party and possibly forfeiture of the game. **NO WARNINGS WILL BE GIVEN!!**

3. Captains are accountable for the behavior of their assistant coaches, players and related supporters. Game officials may penalize the coach per above for any unsportsmanlike conduct.

**REMINDER:** The purpose of this program is to have fun. We're all human, and as such we ALL make mistakes.

### **VIII. PROTESTS:**

The following procedure shall be used for all protests involving APR&CR Adult Soccer league.

1. Protests will be allowed for rule misapplication only. No discussion will be permitted concerning judgment calls or the referees integrity.
2. Protest must be noted by the field supervisor before the coach leaves the field.
3. All protests must be submitted in writing to APR&CR by 12:00noon the next working day. All protests should include:
  - a. A brief description of the play involved and the ruling that was made.
  - b. A rule reference (page and statement) detailing what ruling should have been made.
  - c. A \$25 protest fee will be returned if the protest is upheld. If the protest is declined, this money will be kept by the league.
  - d. Protests will be ruled on by the Program Supervisor.
  - e. Notification of protest ruling will be given within one week after submission.
  - f. APR&CR reserves the right to deny completion of protested game if it has no bearing on league standings or is not in the best interest of the league.

**IX. UNIFORM:**

1. Each team must wear matching jerseys. Matching is defined by same color shirt and same color ink for lettering and numbers. No made up shirts using taped numbers will be allowed.
  2. Each team must have matching jerseys by the first game.
  3. If a player does not have a matching jersey at game time he/she can still play if:
    - a. Their shirt is the same color as the team, i.e. navy and navy.
    - b. The entire team then wears the practice jerseys (pennies) the Field Supervisor has during the game.
- NOTE:** whether or not a player's jersey matches the rest of the team is solely at the discretion of the Field Supervisor.
4. Players must wear and provide themselves, shinguards, shorts, and shoes. No player will be allowed to participate in a practice or game without shinguards.

**X. JEWELRY / EQUIPMENT:**

1. No jewelry allowed once play has begun. Officials may ask that a player take off all jewelry. Also by rule they may ask a player with glasses to wear a protective strap while they are playing. Players with earrings will have to either take the earrings out or wear tape over them to be able to play.
2. The referee shall not permit any player to wear equipment in his or her judgment, is dangerous or confusing to other players. This includes, but not limited to, items such as:
  - A. A guard, cast or brace made of hard and unyielding leather, plaster, pliable (soft) plastic, metal or any other hard substance - even though covered with soft padding - when worn on the elbow, hand, finger, wrist or forearm.
  - B. Head decorations, head wear and jewelry: **EXCEPTION:** Head bands no wider than 2 inches and made of nonabrasive unadorned single-colored cloth, fiber, soft leather or rubber may be worn. Rubber (elastic) bands may be used to control hair.
  - C. Equipment which is unnatural and designed to increase a player's height or reach or to gain an advantage.

**XI. CANCELLATIONS / INCLEMENT WEATHER – MAKE UP:**

1. In case of inclement weather, a decision will be made by APR&CR. Information may be obtained by calling APR&CR's INFORMATION HOTLINE: 249-3348

2. *Any game that is stopped at halftime or beyond will be counted as a complete game. Games that have not reached halftime will be continued from that point on their make-up date.*

3. **MAKE-UP GAMES:** The department will reschedule games within 3 working days. Please contact us if you **HAVE NOT RECEIVED** your notification within this time period. If at all possible, all games that are canceled due to weather or other conflicts approved by APR&CR will be made up. However, **IF EXTENUATING CIRCUMSTANCES OCCUR, APR&CR RESERVES THE RIGHT TO DESIGNATE WHICH GAMES WILL BE MADE UP.** It is the responsibility of the coach to notify his/her players as to the make up date. APR&CR cannot be responsible for contacting players on an individual basis. **Saturdays will be held as make days, with possibility of using a different field site.**

**XII. END OF SEASON:**

1. A single elimination tournament will be played at the end of the season.
2. The tournament will have Saturday games and a team may have to play more than one game in a day.
3. Ties in league standings will be broken based first on head to head play and then if the teams are still tied, a coin flip.